

September 2025 ACS Rail Updates

Welcome to the **September 2025** edition of ACS Rail updates.

The following pages contain summaries of updates which may be relevant to you. Please brief and distribute this information to the relevant people as per your internal procedures.

The ACS Team

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BRIEFING REQUIREMENTS:

NOTE: Contractors are responsible for arranging and undertaking and recording their own Safety and Awareness Briefings in accordance with their own processes and procedures.



Principal Contractor
(Trackside)

On-Track Plant
Operations Scheme



Access to Network Rail Standards

Free access

to Network Rail's extensive catalogue of standards and controls documentation is now available via the Network Rail Standards Portal

<https://standardse-networkrail.msapproxy.net/>

New users, please register for access to the Network Rail Standards Portal by [completing this registration form](#), so that your new log in account can be set up.

Please ensure that you use your individual company email address, and not a generic email address.

If you have any queries re the registration form or the Network Rail Standards portal, please email: STSupplierSupport@networkrail.co.uk

IMPORTANT NOTICE:

As a consequence of Network Rail's IT security policy, **users accounts will be automatically deleted following 90 days of inactivity.**

In this instance you will be **required to re-register for a new account.**

Changes to Network Rail Standards

Issue 136: 06 September 2025 – 05 Dec 2025

Standards Change Overview – September 2025

Reference	Title	Issue	Compliance Date
NR/L2/CIV/150	Station Wayfinding Design and Assurance Procedure	2	06/12/2025
NR/L3/CIV/006	Structures, Tunnels and Operational Property Examinations Manual	14	06/12/2025
NR/L3/CIV/065	Examination of Earthworks Manual	8	06/12/2025
NR/L3/CIV/15101	Index of Standard Designs and Details for Building and Civil Engineering Works	2	06/12/2025
NR/L2/CSG/STP001	Standards and Controls Management	10	07/03/2026
NR/L1/CTM/001	Competence Management	2	09/09/2026
NR/L2/CTM/021	Competence and Training in Track Worker Safety	5	06/12/2025
NR/L2/CTM/201	Competence Management	3	09/09/2026
NR/L2/ELP/21087	Specification of maintenance frequency and defect prioritisation of Overhead Line Equipment	12	06/12/2025
NR/L2/ELP/23101	Management of Polychlorinated Biphenyls (PCBs) in Electrical Power Assets	1	09/03/2026
NR/L3/ELP/27241	Fixed Plant Work Instruction	8	06/09/2025
NR/L3/ELP/SAI25	Working On or About Overhead Line Equipment (SAI) – (For Deployment in Eastern Region, North West & Central Region, Scotland's Railway and Southern Region)	5	26/01/2026
NR/L3/MTC/RCS0216	Risk Control Manual	32	06/12/2025
NR/L2/OHS/501	Trackworker Protection and Warning Systems	9	06/09/2025
NR/L2/OHS/1030	Working safely in the vicinity of buried services (formerly NR/L2/INI/CP1030)	2	07/03/2026
NR/L2/OPS/250	Network Rail National Emergency Plan	9	31/03/2026
NR/L3/OPS/045	National Operating Procedures Index	38	06/12/2025
NR/L3/RMVP/0201	Calibration Work Instruction Manual	3	06/09/2025
NR/GN/RSE/071	Design Excellence Reviews	1	N/a
NR/GN/RSE/RIS0745	Client Safety Assurance of High Integrity Software-Based Systems for Railway Applications	1	N/a
NR/L1/RSE/30040	Electromagnetic Compatibility	2	06/09/2025
NR/L2/SIG/17002	SSI Applications Manual	30	06/12/2025
NR/L2/SIG/19820	Signalling and Level Crossing Product Specifications	13	06/12/2025
NR/L2/SIG/50035	Competence Standard - Competence and Training in Signal and Level Crossing Engineering	9	06/09/2025
NR/L2/SIG/50055	Building Information Modelling (BIM) data management and business process for Control, Command and Signalling (CCS)	1	06/09/2028
NR/L2/TRK/001	Inspection and Maintenance of Permanent Way	26	06/12/2025
NR/L2/TRK/8100	Railway Ballast and Stoneblower Aggregate	5	06/12/2025
NR/L3/TRK/003	Index of Track Engineering Forms	52	06/12/2025
NR/L3/TRK/1101	Management of Rail Defect Removal Timescales	4	06/09/2025
NR/L3/RSE/0074	Project Advice Note (PAN) Process	2	Withdrawal Date: 06/09/2025

Note: Entries in **RED** denote a standalone standard withdrawal

Standards Updates

Addendum Process

The Standards team is trialling a new process which allows a standard owner to make an amendment without updating the entire content.

The aim is to allow the business the opportunity to take advantage of benefits from a standard change (includes safety, performance and financial benefits) which would normally be too resource intensive, eg older standards. This would work in a similar way to the current Emergency Change process.

As part of this closed trial, five addendums have been published to date. End-users are encouraged to provide any feedback to: standardsmanagement@networkrail.co.uk

Reference	Title	Issue	Compliance Date
NR/GN/SIG/19047/ADD	SIGTAN047 - Points (General) - Addendum	1	07/06/2025
NR/L2/CTM/014/ADD	Addendum affects NR/L2/CTM/014/ADD Issue 2, Training and Competence Overhead Line Engineering	1	07/06/2025
NR/L2/ELP/CTM015/ADD	Addendum affects NR/L2/ELP/CTM015 Issue 2, Competence & Training in DC Conductor Rail Engineering	1	06/09/2025
NR/L2/SIG/30014/ADD	Signalling Works Testing Handbook - Addendum	1	07/06/2025
NR/L3/SIG/10663/ADD	Signal Maintenance Specifications – Addendum	1	07/06/2025
NR/SP/SIG/10131/ADD	Addendum affects NR/SP/SIG/10131 Issue 2, Requirement Specification for 'Signals On' Controls for SSI Schemes	1	06/09/2025
NR/L2/TEL/00013/ADD	Addendum affects NR/L2/TEL/00013 Issue 4, Specification for Cable Troughing	1	06/09/2025
NR/L2/TRK/001/ADD	Addendum affects NR/L2/TRK/001 Inspection and Maintenance of Permanent Way	1	06/09/2025

Standards Updates

Current Emergency Changes

To access any active Emergency Change you need to refer to its associated Network Rail Standard. **The front page of the standard will provide details of the relevant change.** When using the online service there will be an active link to each relevant change.

Reference	Title	Issue	Date
NR/BS/LI/510	Standard/control document affected: NR/L3/ELP/3091 [Working on or About 750V D.C Electrified Lines] Module 9 Emergency Switch Off	1	26/06/2025
NR/BS/LI/509	Standard/control document affected: NR/L2/TRK/001/mod05 (Issue 9), [Switches and Crossing]	1	17/02/2025
NR/BS/LI/508	Standard/control document affected: NR/L2/TRK/001/mod03 (Issue 8), [Plain line track]	1	11/11/2024
NR/BS/LI/507	Standard/control document affected: NR/L2/TRK/001/mod05 (Issue 9), [Switches & Crossings]	1	11/11/2025
NR/BS/LI/506	Standard affected: NR/L3/ELP/SAI25 (issue 3) Working On or About Overhead Line Equipment (SAI) (For Early Deployment in North West and Anglia Routes)	1	02/10/2024
NR/BS/LI/505	Standard/control document affected: NR/L2/TRK/001 Mod08 (Issue 6), Broken or damaged rails and Crossings including Tri Metallic Zone EXPIRED 31 JULY 2025	4	31/07/2024
NR/BS/LI/504	Standard/control document affected: NR/L2/TRK/001/mod14 (Issue 8), Managing Track in Hot weather	1	24/06/2024
NR/BS/LI/503	Standard/control document affected: NR/L2/TEL/00013 (Issue 4), Specification for cable troughing EXPIRED 31 JULY 2025	4	31/07/2024
NR/BS/LI/501	Standard/control document affected: NR/L3/ELP/27720 (Issue 1), Test Before Touch for Overhead Line Equipment (replaces NR/BS/LI/490)	1	10/06/2024
NR/BS/LI/499	Standard/control document affected: NR/L2/CIV/196 (Issue 1), Standard Specification for New and Upgraded Escalators	1	01/06/2023
NR/BS/LI/498	Standard/control document affected: NR/L1/RMVP/0001 (Issue 5), Plant and Traction & Rolling Stock Policy	1	02/05/2023
NR/BS/LI/496	Standard/control document affected: NR/L2/OHS/003 (Issue 9), Fatigue Risk Management and associated Modules	1	03/02/2023
NR/BS/LI/472	Standard/control document affected: NR/L2/CIV/196 (Issue 1), Standard Specification for New and Upgraded Escalators	1	28/07/2021
NR/BS/LI/383	Standard affected: NR/L2/CTM/021 (Issue 4). Competence and Training - WITHDRAWN BY ISSUE 5 06/12/2025	2	08/12/2016
NR/BS/LI/371	Standard affected: NR/L2/CIV/162 (Issue 2). Platform Extensions. Location of metal structures on Third Rail area Station Platforms	1	02/03/2016
NR/BS/LI/292	NR/L3/TRK/1010 (Issue 2). Management of responses to extreme weather conditions at structures. earthworks and other key locations	1	18/07/2013
NR/BS/LI/163	Standard affected: RT/CE/S/130 (Issue 1). Flash-Welded Rails: Site Welded Strings	2	01/10/2010
NR/BS/LI/154	Use Of The Geismar THR542 Lightweight Stressing Equipment In Tandem. Standard affected: NR/L2/TRK/3011 (Issue 6)	1	18/01/2010
NR/BS/LI/101	Standard affected: RT/CE/S/077 Storage. Installation & Testing of TSR & ESR AWS	1	08/09/2008
NR/BS/LI/060	Traction electrical distribution sites with compromised earthing due to theft of cables - affected standard NR/SP/ELP/21032	1	23/11/2006
NR/BS/LI/047 - E&P	Bimold Connections on Rectifier Transformers at DC Traction Substations	1	05/05/2006
NR/BS/LI/032	Labelling of Track Isolating Switches (T.I.S)	1	17/10/2005

Standards Updates

Current Technical Instructions

Reference	Title	Issue	Date
TI 000	Index of Technical Instructions Contained in NR/L2/SIG/11120	36	03/09/2022
TI 022	Robust Train Protection: Replacement OSS positioning rules	4	07/04/2019
TI 059	Low Voltage DC Track Circuits & Electric Point Heating	1	03/03/2007
TI 062	DC Track Circuits: Abutting Low-&Medium-Voltage Types	1	01/04/2007
TI 101	Signalling Circuits Carried Over Telecom Transmission Systems - Impact on Train Describer Specifications	2	10/12/2008
TI 149	Intelligent Infrastructure Data Logger – Design, Install and Commission	2	09/06/2011
TI 157	SSP 50 – Remote Control Standby Arrangements GK/RT0025 (GK/GN0525) - Signalling Control Centres	1	24/02/2011
TI 176	VSCS Crossing Reminder with Signal Inhibits: Standard/Control document affected: NR/SP/SIG/10067 Issue 2	1	06/03/2021
TI 177	SCS Interaction Logging and Visual Playback: Standard/Control document affected: NR/SP/SIG/10067 Issue 2	1	06/03/2021
TI 178	Standard/Control document affected: NR/L2/CTM/012 (Issue 3), [Competence and Training in Signal Engineering & NR/L2/CTM/012/044 (Issue 1), [Competence and Training in Signal Engineering SMTH]	2	15/03/2022
TI 181 & TI 181 Appendix	Standard/control document affected: NR/L3/SIG/11231 (Issue 18), Signal Maintenance Testing Handbook, NR/SMTH/Part05, Part08 and Part09; NR/L3/SIG/10663 (Issue 16), Signal Maintenance Specifications, NR/SMS/Part/Z/Z01	1	09/03/2023
TI 182	Standard/control document affected: NR/L3/SIG/10663 (Issue 16), Signal Maintenance Specifications NR/SMS/Part C NR/L2/SIG/30014 (Issue 21), Signal Works Testing Handbook NR/L2/SIG/30014/D115, NR/GN/SIG/19047 (Issue 3), SIGTAN047 - Points (General) – HISTORIC 07/06/2025	3	16/11/2023

Current Special Inspection Notices

Reference	Title	Issue	Date
NR/SIN/225	Inspection & Assurance of Switches & Crossings (see also forms NR/SIN/225/Protocol & NR/SIN/225/Record)	1	18/07/2025
NR/SIN/223	Identification of Junctions with Overspeed Risk	1	02/05/2025
NR/SIN/222	SAFT SMC2200 Rectifier Racks: Inspection and Labelling of Incorrect Pre-Charge Sockets	1	01/08/2025
NR/SIN/221	Inspection of Elevated Housings in Corus Cogifer RT60 S&C Units	1	17/02/2025
NR/SIN/221/RECORD	Inspection of Elevated Housings in Corus Cogifer RT60 S&C Units – Record Card	1	17/02/2025
NR/SIN/220	Managing Lateral Forces on Sub 800m Longitudinal Bearer Systems	1	06/12/2024
NR/SIN/220/REGISTER	Register of Sub 800m Longitudinal Bearer Systems	1	06/12/2024
NR/SIN/219	Mallatite Lightweight Adjustable Brackets	1	24/05/2024
NR/SIN/217	Inspection of Signal Overrun Protection Effectiveness at Level Crossings	1	24/11/2023
NR/SIN/217/APPENDIX A	Inspection of Signal Overrun Protection Effectiveness at Level Crossings – Appendix A	1	24/11/2023
NR/SIN/215	Escalator Step Vinyl Graphics	1	01/07/2023
NR/SIN/214	Survey of Morris Line Engineering (MLE) 1250Amp Disconnectors High Level Position “micro” switches Indication Assemblies	1	28/06/2023
NR/SIN/213	Survey of Morris Line Engineering (MLE) 1250Amp Disconnectors	1	28/06/2023
NR/SIN/210	Investigation into the Diversity for Critical Signalling Services provided over FTN and FTNx	1	13/07/2022
NR/SIN/207	Duvine DD920 Battery Chargers	2	18/04/2024
NR/SIN/204	Special Inspection Notice of Operational Property Buildings for inspection of pitched roofs gable walls	1	17/06/2021
NR/SIN/202	Safety of DTS CCTV Polecat System	1	30/07/2021
NR/SIN/199	Safety of Machinery in Network Rail Owned and Operated Depots and Facilities	1	21/01/2021
NR/SIN/196	Risk Assessment and Inspection of Longitudinal Bearer Systems	1	29/07/2020
NR/SIN/188	Removal of Howells BR985 (Mk2) Re-Engineered Hydraulic Level Crossing Barrier Packs	1	11/03/2019
NR/SIN/180	Level Crossing Train Detection Configuration	1	12/03/2018
NR/SIN/180 Appendix B	Level Crossing Train Detection Configuration – Appendix B	1	12/03/2018
NR/SIN/173	Management of risk at User Worked Level Crossings equipped with Power Operated Gate Openers (POGOs) or with both Barriers and Miniature Stop Lights (MSLs)	1	26/04/2018
NR/SIN/173/Appendix F	Management of risk at User Worked Level Crossings equipped with Power Operated Gate Openers (POGOs) or with both Barriers and Miniature Stop Lights (MSLs) - Appendix F	1	26/04/2018
NR/SIN/173/Appendix E	Management of risk at User Worked Level Crossings equipped with Power Operated Gate Openers (POGOs) or with both Barriers and Miniature Stop Lights (MSLs) - Appendix E	1	26/04/2018
NR/SIN/173/Appendix D	Management of risk at User Worked Level Crossings equipped with Power Operated Gate Openers (POGOs) or with both Barriers and Miniature Stop Lights (MSLs) - Appendix D	1	26/04/2018
NR/SIN/173/Appendix C	Management of risk at User Worked Level Crossings equipped with Power Operated Gate Openers (POGOs) or with both Barriers and Miniature Stop Lights (MSLs) - Appendix C	1	26/04/2018
NR/SIN/173/Appendix B	Management of risk at User Worked Level Crossings equipped with Power Operated Gate Openers (POGOs) or with both Barriers and Miniature Stop Lights (MSLs) - Appendix B	1	26/04/2018
NR/SIN/169	VT1 Type Relays Inspection	3	26/06/2020
NR/SIN/166	Inspection of Howells Re-Engineered Level Crossing Power Packs	1	22/05/2017
NR/SIN/162	Inspection of Dorman Classic and CLS LITE LED Signals	2	08/11/2018
NR/SIN/160	Covtec Supplementary Audible Warning Device (SAWD)	2	20/04/2020
NR/SIN/158/Appendix C	Trunnion Bolt Replacement SINAC Form	1	18/11/2016
NR/SIN/158	Level crossing pedestal trunnion bolts	1	18/11/2016
NR/SIN/143	Special Inspection of Architectural Features attached to Station Building Assets	3	24/04/2015

RSSB - Standards and the rail industry

Access all current (and many withdrawn) Railway Group Standards, Rail Industry Approved Codes of Practice (RACOPs), Guidance Notes (GNs) and Rail Industry Standards (RISs).

<http://www.rssb.co.uk/railway-group-standards>

Useful links:

- [Catalogues](#)
- [Latest Updates to Standards](#)
- [Using Standards](#)
- [Finding and staying up-to-date with standards](#)

Railway Group Standards (RGSs)

Mandatory requirements for the GB mainline railway system are defined in Railway Group Standards (RGSs). They facilitate the management and operation of the mainline railway as a shared system. RGSs set out technical requirements applicable to vehicles or the infrastructure, or processes applicable to transport operators.

Standards Catalogue <http://www.rssb.co.uk/railway-group-standards>

Rule Book (GE/RT8000)

The Rule Book (GE/RT8000) and other National Operations Publications are documents that contain direct instructions for railway staff.

The Rule Book is held in printed copy by over 100,000 people, and as such is probably the best known and most widely distributed in the entire RSSB catalogue. Even greater numbers of people are known to use it as a reference and information document both from the United Kingdom and abroad using the online version.

You can still order hard copies of individual standards and Rule Book modules or handbooks from Willsons External link (Tel: 01636 702334) or download them from the Railway Group Standards section of this site.

Rule Book App

Get 24/7 access to the Rule Book via your phone, tablet, desktop or laptop with the Rule Book App. It's easy to use, search, personalise and update, and you can acknowledge amendments with one touch. Find out more on our dedicated [Rule Book App page](#).

Rule Book Briefing Leaflet

[GERT8000-RBBL Iss 41](#)

Each issue of the Rule Book Briefing Leaflet contains a summary of the changes being introduced to GERT8000.

GE/RM8000 Master Module Manual

RSSB has produced this manual to provide end-users with access to the content of GE/RT8000 (The Rule Book) that is relevant to all roles as defined in the Rule Book Matrix published by RSSB:

Rule Book Module Matrix: <https://www.rssb.co.uk/-/media/Project/RSSB/RssbWebsite/Documents/Public/Public-content/Using-Standards/Rule-Book-Module-Matrix.xls>

[GERM8000-master-module Iss 15](#)

Controlled Document List 06 September 2025

Key

StdNo	Current standard
Stdno	New Standard
StdNo	Live standard pending withdrawal
StdNo	Superseded/Withdrawn

RAIL MANAGEMENT SYSTEM		
Ref. / Title	Issue No	Issue Date
Rail Management System		

GROUP STANDARDS Website: http://www.rssb.co.uk/railway-group-standards			
Ref. / Title	Issue No	Issue Date	
Modular Rulebook GE/RT8000/ (See separate page for listed modules and issue dates)	-----	-----	
GEGN8575 Guidance Note on the Management of Electrical Risk Related to Operational Tasks on Electrified Lines	1	12/2021	
GEGN8613 Application of human factors within safety management systems	1	03/2021	
GERM8000 Possession Workers Manual	11	03/2025	
GERM8000 Possession Workers Manual	12	09/2025	
GERM8000 Track Workers Manual	14	03/2025	
GERM8000 Track Workers Manual	15	09/2025	
GERM8000-master-module Master Manual	15	03/2025	
GERM8000-master-module Master Manual	16	09/2025	
GLRT1210 AC Energy Subsystem and Interfaces to Rolling Stock Subsystem	3	12/2022	
GLRT1212 DC Conductor Rail Energy Subsystem and Interfaces to Rolling Stock Subsystem	1	09/2015	
GOGN3616 Guidance on Operational Railway Safety Awareness	1.1	10/2024	
RIS-3789-TOM Iss 1 Medical Fitness Assessment	1	03/2025	
RIS-1530-PLT On-Track Plant, Trolleys and Associated Equipment	7.2	03/2025	
RIS-2750-RST Supplier Assurance	1.1	12/2021	
RIS-3118-TOM Incident Response Planning & Management	2	12/2019	
RIS-3119-TOM Accident and Incident Investigation	3	03/2022	
RIS-3279-TOM High Visibility Clothing	2	09/2019	
RIS-3701-TOM Confidential Reporting System for Rail Staff	2.1	12/2019	
RIS-8046-TOM Spoken Safety Critical Communications	2	12/2016	
RIS-8047-TOM Reporting of Safety Related Information	2	03/2018	
RIS-8070-TOM Drugs and alcohol testing for safety-critical workers	2	03/2022	

LONDON UNDERGROUND (LU) STANDARDS		
Ref. / Title	Issue No	Issue Date
LUL G1163 Stations DLO - Failure Reporting Analysis & Corrective Action System (FRACAS)	A2	11/2015
LUL G1164 Making a Referral to the Drug and Alcohol Advisory and Treatment Service DAATS	A3	09/2019
LUL G1234 Incident recording, investigation and reporting	A5	05/2021
LUL G1241 Alcohol and Drugs at Work Guidelines and Information For Managers	6	07/2009
LUL G1242 Alcohol and Drugs at Work – Managers For Cause and Post Incident Check List	A4	04/2020
LUL G1249 Environmental Incident Categories	A5	07/2018
LUL G2020 Wuhan novel coronavirus	A1	01/2020
LUL G557 Electronic Incident Reporting Form (eIRF)	A5	03/2014

LONDON UNDERGROUND (LU) STANDARDS		
Ref. / Title	Issue No	Issue Date
LUL LF29 Incident investigation & reporting or recording What you need to remember	01	n/a
LUL R0350 Guidance and advice for the use of personal protective equipment	A1	01/2014
LUL R0403 Personal Protective Equipment (PPE) catalogue	1.1	01/2014
LUL S1053 Civil Engineering – Building and Station Structures	A15	01/2023
LUL S1061 Civil Engineering – Bridges and Structures Assessment	A7	01/2023
LUL S1251 Alcohol and Work; includes Written Notice 12/24/2014, 6/16/2015	A2	11/2011
LUL S1257 Drugs and Work; Includes Written Notice 01317: 12/24/2014	A2	11/2011
LUL S1538 Assurance	A17	08/2022
LUL S1548 Safety Critical Work	A7	09/2021
LUL S1552 Contract QUENSH Conditions Incorporating written notice: 05/10/2017, 05/02/2019, 16/03/2022	A18	11/2016
LUL S1601 Management Arrangements to Assure Medical Fitness	A6	12/2022
LUL S1602 Corporate Medical Standard for Personnel Requiring Safety on the Track Certification	A12	11/2022
LUL S1603 Audiometric standard for personnel requiring safety on the track certification	A8	10/2022
LUL S1604 Vision standard for personnel requiring safety on the Track Certification	A10	12/2022
LUL S1605 Providers of Medical Assessment for Track Certification and other Safety Critical Certification Purposes	A5	10/2022
LUL S1801 Competence requirements for undertaking Civil Engineering Safety Critical Work	A2	03/2022

NETWORK RAIL STANDARDS		
Ref. / Title	Issue No	Issue Date
NR/CAT/STP/001 Catalogue of Network Rail Standards	137	09/2025
PTS Handbook RT 3170	11	08/2024
NR/L2/AMG/1030 Working Safely in the Vicinity of Buried Services NOW NR/L2/OHS/1030	1	12/2008
NR/GN/CIV/002 The Use of Protective Coatings and Sealants	7	03/2025
NR/GN/CIV/003 Guidance on Engineering and Architectural Assurance of Building and Civil Engineering Works	2	12/2023
NR/GN/CIV/065 Examination of Earthworks Guidance Manual	2	09/2022
NR/GN/CIV/208 Ground Investigation	1	12/2018
NR/L1/CIV/601 Managing the Highways Interface	1	12/2021
NR/L2/CIV/003 Engineering and Architectural Assurance of Building and Civil Engineering Works	8	12/2023
NR/L2/CIV/032 The Management of Structures Manual	1	12/2021
NR/L2/CIV/035 Management of Structures	2	06/2019
NR/L2/CIV/039 Assessment and Certification of Protective Coatings Replaces: NR/L3/CIV/039 Issue 5	1	06/2023
NR/L2/CIV/076 Management of Bridge Strikes Replaces NR/L3/CIV/076 Issue 4 and NR/L3/CIV/176 Issue 4	1	03/2023
NR/L2/CIV/086 Management of Earthworks	12	06/2024
NR/L2/CIV/1000 Competence Management for Buildings and Civils Infrastructure	7	06/2025
NR/L2/CIV/171 Examinations, Inspections and Assessments of Buildings & Architecture Assets: Structures and Fabric	3	09/2022
NR/L2/CIV/250 Landlord's Consent	1	03/2020
NR/L2/CIV/295 Scour Assessment of Bridges, Culverts and Retaining Walls	3	09/2023
NR/L2/CIV/602 Highways Interface Planning Process	1	12/2021
NR/L2/CIV/1000 Competence Management for Buildings and Civils Infrastructure	5	09/2024
NR/L3/CIV/0001 Management of Road Vehicle Incursions (RVI)	3	12/2022

NETWORK RAIL STANDARDS		
Ref. / Title	Issue No	Issue Date
NR/L3/CIV/006 Structures, Tunnels and Operational Property Examinations Manual (Formerly Handbook for the Examination of Structures)	13	03/2025
NR/L3/CIV/006 Structures, Tunnels and Operational Property Examinations Manual	14	09/2025
NR/L3/CIV/0063 Pilling, Drilling, Crane, MEWP and SMPT operations adjacent to the Railway	2	06/2024
NR/L3/CIV/065 Examination of Earthworks Manual	8	09/2025
NR/L3/CIV/040 Work Instruction for the use of Protective Coating Systems	4	03/2025
NR/L3/CIV/170 Assessment of Tunnels	2	12/2021
NR/L3/CIV/185 Reporting and Investigation of Geotechnical Incidents	5	12/2023
NR/L3/CIV/190 Developing Extreme Weather Plans	1	12/2017
NR/L3/CIV/603 Working at the Highways Interface	1	12/2021
NR/L3/CIV/604 Highways Interface Manual	1	12/2021
NR/GN/CPR/401 Guidance on Contractual Health and Safety Requirements	1	12/2008
NR/L2/CPR/201 Supplier Qualification	2	12/2011
NR/L2/CPR/302 Supplier Qualification - Core Requirements (For PCL / POL Holders)	2	09/2011
NR/L2/CSG/STP001 Standards and Controls Management Manual	9	03/2022
NR/L2/CSG/STP001 Standards and Controls Management Manual	10	09/2025
NR/L1/CTM/001 Competence Management	1	12/2006
NR/L1/CTM/001 Competence Management	2	09/2025
NR/L2/CTM/017 Competence and Training in Civil Engineering	1	06/2006
NR/L2/CTM/021 Competence & Training in Track Safety	4	12/2010
NR/L2/CTM/021 Competence and Training in Track Worker Safety	5	09/2025
NR/L2/CTM/025 Competence & Training in On-Track Plant Operation & Activities	2	03/2021
NR/L2/CTM/201 Competence Management	2	03/2012
NR/L2/CTM/201 Competence Management	3	09/2025
NR/L2/CTM/202 Quality Assurance in Training & Assessment	3	12/2019
NR/L2/CTM/209 Competence & Training in Safe System of Work Planner	1	12/2010
NR/L2/CTM/220 Competence & Training in Portable, Transportable & Mobile Plant (PTMP) Operation & Activities	2	06/2021
NR/L2/CTM/223 Competence & Training in Managing Site Safety	1	06/2011
NR/L3/CTM/306 Skills Assessment Scheme	4	09/2024
NR/L2/ELP/21085 Earthing and Bonding on A.C. Electrified Railways	7	03/2024
NR/L2/ELP/21087 Specification of Maintenance Frequency and Defect Prioritisation of Overhead Line Electrification Equipment	11	12/2023
NR/L2/ELP/21087 Specification of maintenance frequency and defect prioritisation of Overhead Line Equipment	12	09/2025
NR/L2/ELP/21088 General Maintenance Parameters for Overhead Line Electrification Equipment	4	06/2021
NR/L2/ELP/21090 OLE Seasonal Preparation Response for Extreme Weather	1	12/2020
NR/L2/ELP/21131 Warning and Other Signs for A.C. and D.C. Electrified Lines	4	03/2023
NR/L2/ELP/23002 Specification for High Voltage AC Cables, AC Traction Earthing and Bonding Cables DC Traction Cables, Pilot Cables and Associated Accessories	1	12/2020
NR/L2/ELP/27009 Overhead Line Equipment Campaign Changes	3	03/2017
NR/L2/ELP/27023 Conductor Rail Heating Standard	2	03/2024
NR/L2/ELP/27172 Conductor Rail Guard Boarding	1	06/2021
NR/L2/ELP/27307 Management of M&EE Safety Related Event Reports	4	12/2017

NETWORK RAIL STANDARDS		
Ref. / Title	Issue No	Issue Date
NR/L2/ELP/27402 Specification for protection and control devices for electrical systems	1	12/2009
NR/L2/ELP/27715 Overhead Contact System Design Specification	4	12/2023
NR/L2/ELP/27716 Electrical and Mechanical Clearances On Overhead Electrified Railways	1	12/2023
NR/L2/ELP/27717 Bridge Parapet Electrical Risk Assessment	1	03/2023
NR/L2/ELP/27722 Protection Principles for A.C. Electrified Railways	1	03/2023
NR/L2/ELP/27800 Specification for 25 kV a.c. Earthing Pantographs and Interface with Vehicle (On Track Plant or Road Rail Vehicles)	1	12/2020
NR/L2/ELP/CTM033 Competence and Training in OLE Electrical Safety	2	03/2024
NR/L3/ELP/21067 Instructions for making out, issuing and cancelling high voltage Permits to Work, Sanctions for Test and Circuit State Certificates	8	09/2024
NR/L3/ELP/00750 DC Conductor Rail Electrified Lines Working Instructions	2	06/2025
NR/L3/ELP/22001 Procedures and Competence Requirements for Persons Undertaking Works Near High Voltage Cables and Cable Routes	2	06/2022
NR/L3/ELP/27051 Working Instructions for d.c. Electrified Lines in the Liverpool Area	6	09/2019
NR/L3/ELP/27115 Planning DC Conductor Rail Isolations	5	06/2024
NR/L3/ELP/27140 Application of Short Circuits for Conductor Rail Isolations	4	03/2019
NR/L3/ELP/27171 Electrical Insulating Gloves - Replaces NR/WI/ELP/27171	3	06/2021
NR/L3/ELP/27237 Overhead Line Work Instructions	26	09/2024
NR/L3/ELP/27250 Conductor Rail Equipment – Design and Maintenance Working Instructions	8	03/2024
NR/L3/ELP/27720 Test Before Touch for Overhead Line Equipment	1	09/2022
NR/L3/ELP/29987 Working on or About 25 KV AC Electrified Lines	9	06/2023
NR/L3/ELP/3091 DC Conductor Rail Electrified Lines Working Instructions	6	09/2024
NR/L3/ELP/SAI25 Working On or About Overhead Line Equipment (SAI) – (For Deployment in Eastern Region and North West & Central Region)	4	12/2024
NR/L3/ELP/SAI25 Working On or About Overhead Line Equipment (SAI) – (For Deployment in Eastern Region, North West & Central Region, Scotland's Railway and Southern Region)	5	09/2025
NR/L2/ENV/015 Environment and Social Minimum Requirements for Projects – Design and Construction	9	06/2021
NR/L2/ENV/115 Environment and Social Management System Requirements	1	03/2018
NR/L2/ENV/120 Waste Management	2	06/2023
NR/L2/ENV/121 Managing Environmental and Social Impact of Noise and Vibration	1	12/2019
NR/L2/ENV/122 Biodiversity	2	03/2023
NR/L2/ENV/123 Prevention of Pollution to Land and Water	1	12/2019
NR/L2/INF/02202 Records Management of Health and Safety Files	7	06/2023
NR/L3/INF/02226 Corporate Records Retention Schedule	3	12/2017
NR/GN/INI/001 Guidance on the Management of Door to Door Work & Travel Time	1	12/2008
NR/L2/INI/EDT/CP0091 Specification for Computer Aided Design	4	12/2018
NR/L3/INI/CP0028 Contract Requirements - Quality	3	06/2012
NR/L3/INI/CP0036 Provision of Welfare Facilities (see NR/L2/OHS/CP0036 June 2024)	4	08/2008

NETWORK RAIL STANDARDS		
Ref. / Title	Issue No	Issue Date
NR/L3/INV/3001 Reporting and Investigation Manual	9	03/2025
NR/L2/MTC/089 Arrangements for the exchange of asset data and the continuing maintenance of assets undergoing change	3	12/2023
NR/L2/MTC/CTM001 Competence within Maintenance	1	09/2024
NR/L2/MTC/CTM455 Management of competencies within the competence matrix	1	06/2025
NR/L3/MTC/CP009 COVID-19 Contingency Plan: Safe Working Practices	11	03/2022
NR/L3/MTC/EN0100 Waste Management	3	06/2012
NR/L3/MTC/EN0101 Management of Discharges to Sewers & Controlled Waters	3	06/2012
NR/L3/MTC/EN0225 Environ Management System for Infrastructure Maintenance	1	06/2012
NR/L3/MTC/EP0152 Working on or Adjacent to Conductor Rail	5	12/2011
NR/L3/MTC/MG0173 Monitoring of Spoken Safety Communications	4	09/2022
NR/L3/MTC/MG0210 Management of Maintenance Work within a Worksite to Prevent a Possession Overrun	3	06/2019
NR/L3/MTC/MG0213 Index of Standard Maintenance Forms	25	06/2025
NR/L3/MTC/RCS0216 Task Risk Control Manual	31	03/2025
NR/L3/MTC/RCS0216 Task Risk Control Manual	32	09/2025
NR/L3/MTC/RCS0216/OLE02 Risk Control Manual: Working on Red Bonds/Impedance Bonds	2	03/2012
NR/L3/MTC/SE0115 Confined Spaces Working & Entry Procedure	2	06/2008
NR/L3/MTC/SE0117 Planned Assurance Inspections and Site Surveillance	5	12/2023
NR/L3/MTC/SE0220 Planning and Delivering Safe Working at Height	2	09/2020
NR/CS/OHS/002 Policy on Working Safely	1	02/2007
NR/GN/OHS/00155 Short-term Changes in the Creation and Application of Safe Work Packs and Briefing Arrangements COVID-19 Contingency Plan (Guidance for Regions on NR/L2/OHS/019)	1	06/2020
NR/L1/OHS/052 Traumatic Incident Management	1	06/2016
NR/L2/OHS/00102 Work Activity Risk Assessments	6	12/2023
NR/L2/OHS/00110 First Aid at Work	6	09/2017
NR/L2/OHS/00112 Worksafe Procedure	3	09/2020
NR/L2/OHS/00113 Health surveillance and management of diagnoses for Hand-arm Vibration Syndrome (HAV)	5	03/2016
NR/L2/OHS/00117 New and Expectant Mothers Risk Management	3	09/2024
NR/L2/OHS/00120 Drugs and Alcohol Standard	8	03/2025
NR/L2/OHS/00124 Competence Specific Medical Fitness Requirements and Occupational Health Provider Requirements for Medical Assessments	3	12/2016
NR/L2/OHS/00130 Creating a Site of Work Segregated from the Railway	3	09/2024
NR/L2/OHS/003 Fatigue Risk Management	9	12/2019
NR/L2/OHS/0044 Planning and Managing Construction Work replaces NR/L3/INI/CP0044 Work Package Planning	5	12/2016
NR/L2/OHS/0047 Managing Health and Safety in Construction (Application of the Construction (Design and Management) Regulations to Network Rail)	7	06/2019
NR/L2/OHS/019 Safety of People working on or near the Line	12	06/2023
NR/L2/OHS/020 Track Visitor Permits	5	08/2008
NR/L2/OHS/021 Personal Protective Equipment (PPE)	5	06/2023
NR/L2/OHS/022 Working Safely at Height	2	03/2020
NR/L2/OHS/032 Training, Competence and Assessment in Accident and Incident Investigation	3	09/2021
NR/L2/OHS/050 Application of the Sentinel Scheme Rules	5	09/2023
NR/L2/OHS/053 Assessing Risk of Stress in the Workplace	3	03/2022

NETWORK RAIL STANDARDS		
Ref. / Title	Issue No	Issue Date
NR/L2/OHS/157 Health surveillance for silica and asbestos and the management of diagnosed occupational respiratory conditions	1	03/2017
NR/L2/OHS/501 Trackworker Protection and Warning Systems	8	03/2025
NR/L2/OHS/501 Trackworker Protection and Warning Systems	9	09/2025
NR/L2/OHS/1030 Working safely in the vicinity of buried services (formerly NR/L2/INI/CP1030)	2	09/2025
NR/L2/OHS/CP0036 The provision of welfare facilities for temporary and transient work activities (formerly NR/L3/INI/CP0036)	5	06/2024
NR/L2/OHS/CP0070 Principal Contractor Licensing Assurance (aka NR/L2/INI/CP0070)	6	12/2022
NR/L3/OHS/0046 The Reporting, Investigation and Recording of Safety and Sustainable Development Events and Close Calls within Infrastructure Projects	3	06/2018
NR/GN/OPS/301 Competencies and roles supporting NR/L2/OPS/301 – Management of Safety Critical Communications and NR/L3/OPS/301 – Safety Critical Communications Manual	1	03/2025
NR/L2/OPS/033 Recording Spoken Safety Critical Communications between Possession Management and Engineering Trains / On-Track Plant Drivers when Working in Possessions and Worksites.	3	06/2019
NR/L2/OPS/207 Training and Competence in Engineering Access Planning (formerly NR/L2/CTM/207 – Competence and Training in Planning)	1	03/2023
NR/L2/OPS/291 Railway Crime Risk Management	1	12/2019
NR/L2/OPS/301 Management of Safety Critical Communications	1	03/2025
NR/L3/OPS/0064 Delivering Work within Possessions – Replaces NR/L3/INI/CP0064	6	06/2021
NR/L3/OPS/084 Line Clear of Vehicle(s) Arrangements Following Engineering Works – Line Clear Verification Process	7	12/2024
NR/L3/OPS/251 Unmanned Aircraft System (Drone/UAS) Operations	4	09/2021
NR/OPS/DEV/009 Network Rail: Good Practice Guide for Working at Operational Locations (Signal Boxes, Electrical Control Rooms, Controls) During COVID 19	2	06/2020
NR/L3/OPS/301 Management of Safety Critical Communications	1	03/2025
NR/GN/OTK/5000 Index of Off-Track Drawings	4	09/2024
NR/L2/OTK/5201 Vegetation Management Manual	6	03/2025
NR/L3/P3M/005 (formerly NR/L3/OHS/005) Design and Construction Management in a High Street Environment	6	12/2024
NR/GN/RMVP/0200 Infrastructure Plant Manual Guidance	2	06/2022
NR/L2/RMVP/0200 Infrastructure Plant Manual	16	06/2025
NR/L3/RMVP/0201 Calibration Work Instruction Manual Replaces NR/L3/MTC/ME0201 This standard provides the index and version control of Calibration Work Instructions for the internal calibration and comparison checking of Inspection, Measuring and Test Equipment (IMTE).	2	09/2011
NR/L3/RMVP/0201 Calibration Work Instruction Manual	3	09/2025
NR/L3/RMVP/27702 Plant Product Acceptance Process	1	12/2023
NR/L2/RSE/0005 Product Design for Reliability	5	12/2020
NR/L2/RSE/02009 Engineering Management for Projects	8	03/2023
NR/L2/RSE/070 Engineering Verification	3	03/2022
NR/L2/RSE/100 Network Rail Assurance Panel processes	9	06/2025
NR/L2/RSE/CONM/001 Construction Management for Projects	2	12/2023
NR/L2/SCO/302 Supplier Qualification Requirements	1	06/2020
NR/L2/SCO/310 Control of Movements in Depots, Yards and Associated Depot Sidings (Methods of Work)	1	12/2022

NETWORK RAIL STANDARDS		
Ref. / Title	Issue No	Issue Date
NR/L3/SCO/313 On-Track Machines (OTMs) Driver and Operations Standards Manual	15	03/2025
NR/L3/SCO/314 Engineering Assurance for T&RS, OTM and OTP Projects	3	06/2023
NR/L3/SCO/320 Supplier Quality Assurance (SQA)	2	09/2020
NR/L1/SCT/001 Security Management System (SeMS)	1	09/2023
NR/L1/SCT/002 Cyber Security and Resilience for Digital Systems Replaces NR/L1/INF/02232 Issue 2	1	03/2023
NR/SIN/185 Identification and Inspection of Plain-Lined S&C	1	06/2019
NR/L2/SIG/10160 Specification for Application of the IRSE Licensing Scheme	3	12/2020
NR/L2/SIG/11201 Signalling Design Handbook	20	09/2024
NR/L2/SIG/14201 Signalling Risk Assessment Handbook	5	12/2020
NR/L2/SIG/30009 Signalling Principles Handbook	29	09/2024
NR/L2/SIG/30014 Signalling Works Testing Handbook	24	06/2025
NR/L2/SIG/50035 Competence Standard - Competence and Training in Signal and Level Crossing Engineering	8	09/2024
NR/L2/SIG/50035 Competence Standard - Competence and Training in Signal and Level Crossing Engineering	9	09/2025
NR/L2/SIG/50040 Temporary Speed Restrictions replaces NR/L3/SIG/MG0110	1	12/2021
NR/L2/SIG/50050 Topographic, engineering, land and measured building surveying – Signalling	1	09/2023
NR/L2/SIG/50055 Building Information Modelling (BIM) data management and business process for Control, Command and Signalling (CCS)	1	09/2025
NR/L3/SIG/10064 General Instructions to Staff Working on S&T Equipment	13	12/2025
NR/L3/SIG/10661 Signal Maintenance Task Intervals	28	03/2025
NR/L3/SIG/10663 Signal Maintenance Specifications	19	06/2025
NR/L3/SIG/10665 Reliability Centred Maintenance of Signalling Equipment	24	06/2025
NR/L3/SIG/11231 Signal Maintenance Testing Handbook	22	06/2025
NR/L3/SIG/11235 Signal Intermediate Testing Handbook	4	06/2025
NR/L3/SIGELP/50000 Signalling Power Distribution Equipment above 175 V AC	7	06/2025
NR/L3/SIGELP/50001 Work Instruction: Signalling Power Distribution Equipment above 175 V AC	6	12/2023
NR/L3/SIGELP/50002 Safe Working Practices When Working on or Near Signalling Power Distribution Equipment Above 175 Volts	1	12/2016
NR/L3/SIGELP/50003 Safe Working Practices When Working on or Near Signalling Equipment	1	03/2018
NR/L2/TEL/30067 The Transmission of Safety Related Information	2	12/2011
NR/L2/TEL/30156 Functional Requirements for Safety Related Communications Equipment for On Track Plant Working	1	12/2011
NR/L3/TEL/30181 Telecoms Maintenance Work Instructions Handbook	14	06/2025
26	25	03/2025
NR/GN/TRK/7001 Index of Track Work Information Sheets (TWI)	21	03/2025
NR/L1/TRK/100 Management of Track Assets	1	03/2020
NR/L2/TRK/001 Inspection and Maintenance of Permanent Way	25	09/2025
NR/L2/TRK/1054 Inspection and Maintenance Procedures for Crossings in Track	6	09/2022
NR/L2/TRK/3038 Longitudinal Bearer Systems Inspection, Maintenance and Design	8	12/2023
NR/L2/TRK/3415 Refurbishment of Switches and Crossings	3	03/2023

NETWORK RAIL STANDARDS		
Ref. / Title	Issue No	Issue Date
NR/L2/TRK/4239 Track Bed Investigation, Design and Installation	3	12/2023
NR/L2/TRK/6100 The Installation and Maintenance of Stretcher Bars	6	06/2023
NR/L2/TRK/7014 Standardised Risk Based Maintenance Regime (RBM) for the Inspection and Maintenance of the Permanent Way	2	03/2022
NR/L2/TRK/9025 Track Risk Registers	1	03/2025
NR/L3/TRK/003 Index of Track Engineering Forms	51	06/2025
NR/L3/TRK/003 Index of Track Engineering Forms	52	09/2025
NR/L3/TRK/1015 Management of Basic Visual Inspection	8	03/2023
NR/L3/TRK/1020 Track Hand Back for Projects: Confirming track is safe for opening at the selected line speed after projects engineering work	2	12/2024
NR/L3/TRK/3230 Control of On-Track Machines (OTM)	4	03/2024
NR/L3/TRK/3530 Track Lubricants	1	06/2012
NR/L3/TRK/7006 Creation and Application of an Emergency Speed Restriction (ESR) Design	3	09/2022
NR/L3/TRK/7013 Planning and Installation of Temporary Rail Joints	1	09/2021
NR/SP/TRK/1110 Qualification and Certification of Non-Destructive Testing Personnel	3	06/2025

OTHER STANDARDS & GUIDANCE	
Ref. / Title	Reference
BS EN ISO 14001:2015	2015
BS EN ISO 14001:2015 Amendment 1: Climate Action Changes	Feb 2024
BS EN ISO 9001:2015	2015
BS EN ISO 9001:2015 Amendment 1: Climate Action Changes	Feb 2024
BS EN ISO 45001:2018	2018
BS EN ISO 45001:2018 Amendment 1: Climate Action Changes	Feb 2024
Investigating Accidents and Incidents – HS(G)245	ISBN 9780717628278
Management of Health and Safety at Work Regulations 1999 Approved Code of Practice and guidance	ISBN 9780717624881
Managing health and safety in construction Construction (Design and Management) Regulations 2015. Guidance on Regulations	ISBN 9780717666263
Successful Health and Safety Management – HS(G)65	ISBN 9780717612765
Sentinel Scheme Rules https://info.railsentinel.co.uk/about/rules/ See also: Sentinel Rule Breaches - Safety Central (networkrail.co.uk)	V5 11 Dec 2024 Compliance Date 31 March 2025
RTAS Rules QA Reference – National Skills Academy for Rail (nsar.co.uk)	V2.1 Effective 1 August 2022

LEGISLATION	
Ref. / Title	Reference
Bribery Act 2010	2010 c. 23
Control of Asbestos at Work Regulations 2002	2002 No. 2675
Control of Pollution (Amendment) Act 1989	1989 c. 14
Control of Pollution Act 1974	1974 c. 40
Corporate Manslaughter and Corporate Homicide Act 2007	2007 c. 19
Data Protection Act 2018	2018 c. 12
Environmental Protection Act 1990	1990 c. 43
European Union (Future Relationship) Act 2020	2020 c. 29

LEGISLATION	
Ref. / Title	Reference
Health & Safety at Work etc. Act 1974	1974 c. 37
Modern Slavery Act 2015	2015 c. 30
Pollution Prevention and Control Act 1999	1999 c. 24
The Confined Spaces Regulations 1997	1997 No. 1713
The Construction (Design and Management) Regulations 2015	2015 No. 51
The Control of Asbestos at Work (Amendment) Regulations 1992	1992 No. 3068
The Control of Asbestos at Work (Amendment) Regulations 1998	1998 No. 3235
The Control of Asbestos at Work Regulations 1987	1987 No. 2115
The Control of Asbestos in the Air Regulations 1990	1990 No. 556
The Control of Asbestos Regulations 2006	2006 No. 2739
The Control of Asbestos Regulations 2012	2012 No. 632
The Control of Lead at Work Regulations 1980	1980 No. 1248
The Control of Lead at Work Regulations 1998	1998 No. 543
The Control of Lead at Work Regulations 2002	2002 No. 2676
The Control of Noise at Work Regulations 2005	2005 No. 1643
The Control of Pesticides Regulations 1986	1986 No. 1510
The Control of Substances Hazardous to Health (Amendment) Regulations 2004	2004 No. 3386
The Control of Substances Hazardous to Health Regulations 2002	2002 No. 2677
The Environmental Noise, Site Waste Management Plans and Spreadable Fats etc. (Revocations and Amendments) Regulations 2013	2013 No. 2854
The Fire Precautions (Workplace) Regulations 1997	1997 No. 1840
The Fire Safety (England) Regulations 2022	2022 No. 547
The Fire Safety Act 2021 (Commencement) (England) Regulations 2022	2022 No. 544 (C. 26)
The Hazardous Waste (England and Wales) (Amendment) Regulations 2009	2009 No. 507
The Hazardous Waste (England and Wales) Regulations 2005	2005 No. 894
The Health and Safety (Consultation with Employees) Regulations 1996	1996 No. 1513
The Health and Safety (Display Screen Equipment) Regulations 1992	1992 No. 2792
The Health and Safety (First-Aid) Regulations 1981	1981 No. 917
The Health Protection (Coronavirus, Collection of Contact Details etc and Related Requirements) Regulations 2020	2020 No. 1005
The Health Protection (Coronavirus, International Travel) (England) Regulations 2020	2020 No. 568
The Health Protection (Coronavirus, Restrictions) (All Tiers) (England) Regulations 2020	2020 No. 1374
The Health Protection (Coronavirus, Restrictions) (England) (No. 3) Regulations 2020	2020 No. 750
The Health Protection (Coronavirus, Restrictions) (Local Authority Enforcement Powers and Amendment) (England) Regulations 2020	2020 No. 1375
The Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020	2020 No. 1045
The Health Protection (Coronavirus, Wearing of Face Coverings in a Relevant Place) (England) Regulations 2020	2020 No. 791
The Health Protection (Notification) (Amendment) Regulations 2022	2022 No. 616
The Lifting Operations and Lifting Equipment Regulations 1998	1998 No. 2307
The Manual Handling Operations Regulations 1992	1992 No. 2793
The Personal Protective Equipment (EC Directive) Regulations 1992	1992 No. 3139

LEGISLATION	
Ref. / Title	Reference
The Personal Protective Equipment at Work Regulations 1992	1992 No. 2966
The Personal Protective Equipment Regulations 2002 (Revoked)	2002 No. 1144
The Personal Protective Equipment at Work (Amendment) Regulations 2022	2022 No. 8
The Provision and Use of Work Equipment Regulations 1992	1992 No. 2932
The Provision and Use of Work Equipment Regulations 1998	1998 No. 2306
The Railways and Other Guided Transport Systems (Safety) Regulations 2006	2006 No. 599
The Regulatory Reform (Fire Safety) Order 2005	2005 No. 1541
The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013	2013 No. 1471
The Safety Representatives and Safety Committees Regulations 1977	1977 No. 500
The Waste Management (England and Wales) Regulations 2006	2006 No. 937
The Work in Compressed Air Regulations 1996	1996 No. 1656
The Workplace (Health, Safety and Welfare) Regulations 1992	1992 No. 3004
Transport and Works Act 1992	1992 c. 42
Water Resources Act 1991	1991 c. 57
Wildlife and Countryside (Amendment) Act 1991	1991 c. 39
Wildlife and Countryside Act 1981	1981 c. 69

Key

StdNo	Current standard
Stdno	New Standard
StdNo	Live standard pending withdrawal
StdNo	Superseded/Withdrawn

Modular Rulebook GE/RT8000

PTS Only

In most cases only PTS handbook is required, unless one of the following applies:

1. Index, amendment module and Module *G1* to be issued to the following:

Supervisors and managers who issue publications
Staff who operate signal post replacement switches
Staff who place protection for Line Blockage or T3
Staff who secure points
Those who use tents on or near the line

2. Index and amendment module to be issued to the following:

Lookouts
People who take charge of cranes and equipment which could foul an open line
People who take charge of work on or near points
People who carry out patrolling/inspecting duties

Other competencies (IWA, COSS, PC, ES, MC, CC)

Rule Book			
Doc No & Issue	Issue Date	Title	Synopsis
GERT8000 Issue Iss 38	Mar 2025	Rule Book Module Issue History	This document contains updates to align with changes to Rule Book module issues (GERT8000).
GERT8000 Issue Iss 39	Sep 2025	Rule Book Module Issue History	This document contains updates to align with changes to Rule Book module issues (GERT8000).
GERT8000 Issue HB Iss 19	Mar 2025	Rule Book Handbook Issue History	This document contains updates to align with changes to Rule Book Handbook issues (GERT8000).
GERT8000 Issue HB Iss 20	Sep 2025	Rule Book Handbook Issue History	This document contains updates to align with changes to Rule Book Handbook issues (GERT8000).
GERT8000-RBBL Iss 41	Mar 2025	Rule Book Briefing Leaflet	Each issue of the Rule Book Briefing Leaflet contains a summary of the changes being introduced to GERT8000.
GERT8000-RBBL Iss 42	Sep 2025	Rule Book Briefing Leaflet	Each issue of the Rule Book Briefing Leaflet contains a summary of the changes being introduced to GERT8000.
GERT8000-Gloss Iss 7	Sep 2022	Glossary of Railway Terminology	You will need this glossary if you are issued with GERT8000.
GERT8000-AC Iss 8	Mar 2025	AC electrified lines	You will need this module if you carry out the duties of a train driver, guard, shunter, designated person (DP), signaller, crossing keeper or person in charge of sidings in AC electrified areas.
GERT8000-AC Iss 9	Sep 2025	AC electrified lines	You will need this module if you carry out the duties of a train driver, guard, shunter, designated person (DP), signaller, crossing keeper or person in charge of sidings in AC electrified areas.
GERT8000-DC Iss 6	Mar 2025	DC electrified lines	You will need this module if you carry out the duties of a train driver, guard, shunter, designated person (DP), signaller, crossing keeper in DC electrified areas.
GERT8000-DC Iss 7	Sep 2025	DC electrified lines	You will need this module if you carry out the duties of a train driver, guard, shunter, designated person (DP), signaller, crossing keeper in DC electrified areas.
GERT8000-G1 Iss 9.1	Dec 2022	General safety responsibilities and personal track safety for non-trackworkers	You will need this module if you carry out the duties of: • a train driver • a guard • a shunter • a designated person (DP) • a signaller • a crossing keeper

Rule Book			
Doc No & Issue	Issue Date	Title	Synopsis
			platform staff.
GERT8000-G1 Iss 10	Sep 2025	General safety responsibilities and personal track safety for non-trackworkers	You will need this module if you carry out the duties of: - a train driver - a guard - a shunter - a designated person (DP) - a signaller - a crossing keeper - platform staff.
GERT8000-HB1 Iss 8	Sep 2024	General duties and track safety for track workers	This handbook is for those personnel who need to go on the operational railway to carry out their duties, with the exception of a train driver, guard, shunter, signaller, crossing keeper or designated person (DP).
GERT8000-HB1 Iss 9	Sep 2025	General duties and track safety for track workers	This handbook is for those personnel who need to go on the operational railway to carry out their duties, with the exception of a train driver, guard, shunter, signaller, crossing keeper or designated person (DP).
GERT8000-HB2 Iss 2	Sep 2015	Instructions for track workers who use emergency protection equipment	This handbook is for those personnel who need to go on the operational railway to carry out their duties and have been trained to carry out emergency protection. It does not apply to: train drivers, guards, shunters, signallers, crossing keepers and those who act as a designated person (DP). This document has been updated as part of the December 2015 Rule Book Programme.
GERT8000-HB3 Iss 3	Sep 2014	Duties of the lookout and site warden	This handbook is for those personnel who have duties of the lookout and site warden. Information on changes to this issue can be found in the Rule Book Briefing Leaflet (GERT8000-RBBL Iss 27).
GERT8000-HB3 Iss 4	Sep 2025	Duties of the lookout and site warden	This handbook is for those personnel who have duties of the lookout and site warden.
GERT8000-HB4 Iss 2	Sep 2014	Duties of a points operator and route-setting agent - moving and securing points by hand	This handbook is for those personnel who has duties of a points operator and route-setting agent - moving and securing points by hand. Information on changes to this issue can be found in the Rule Book Briefing Leaflet (GERT8000-RBBL Iss 27).
GERT8000-HB5 Iss 2.1	Nov 2022	Handsignalling duties	This handbook is for those personnel who carry out handsignalling duties.
GERT8000-HB5 Iss 3	Sep 2025	Handsignalling duties	This handbook is for those personnel who carry out handsignalling duties.
GERT8000-HB6 Iss 8	Sep 2024	General duties of an individual working alone (IWA)	This handbook is for those personnel with general duties of an individual working alone (IWA).
GERT8000-HB7 Iss 9	Sep 2024	General duties of a controller of site safety (COSS)	This handbook is for those personnel who have the general duties of a controller of site safety (COSS).
GERT8000-HB7 Iss 10	Sep 2025	General duties of a controller of site safety (COSS)	This handbook is for those personnel who have the general duties of a controller of site safety (COSS).
GERT8000-HB8 Iss 10	Sep 2024	IWA, COSS or PC blocking a line	You will need this handbook if you carry out the duties of a IWA, COSS or PC blocking a line.
GERT8000-HB9 Iss 8.1	Sep 2022	IWA or COSS setting up safe systems of work within possessions	You will need this handbook if you carry out the duties of an IWA or COSS setting up safe systems of work within possessions.
GERT8000-HB9 Iss 9	Sep 2025	IWA or COSS setting up safe systems of work within possessions	You will need this handbook if you carry out the duties of an IWA or COSS setting up safe systems of work within possessions.
GERT8000-HB10 Iss 5	Sep 2023	Duties of the COSS and person in charge when using a hand trolley	You will need this handbook if you are the COSS or SWL and person in charge when using a hand trolley.
GERT8000-HB11 Iss 11	Sep 2024	Duties of the person in charge of the possession (PICOP)	You will need this handbook if you carry out the duties of the PICOP.
GERT8000-HB12 Iss 10	Sep 2024	Duties of the engineering supervisor (ES) in a possession	You will need this handbook if you carry out the duties of the ES in a possession.
GERT8000-HB12 Iss 11	Sep 2025	Duties of the engineering supervisor (ES) in a possession	You will need this handbook if you carry out the duties of the ES in a possession.

Rule Book			
Doc No & Issue	Issue Date	Title	Synopsis
GERT8000-HB13 Iss 4	Sep 2023	Duties of the person in charge of the siding possession (PICOS)	You will need this handbook if you carry out the duties of a PICOS.
GERT8000-HB14 Iss 3	Mar 2021	Duties of the person in charge of loading and unloading rail vehicles during engineering work	You will need this handbook if you carry out the duties of the person in charge of loading and unloading rail vehicles during engineering work.
GERT8000-HB15 Iss 7	Sep 2024	Duties of the machine controller (MC) and on-track plant operator	You will need this handbook if you carry out the duties of the machine controller (MC) and on-track plant operator.
GERT8000-HB16 Iss 6	Mar 2025	AC electrified lines	This handbook is for those personnel who need to go on the operational railway in an AC electrified area to carry out their duties.
GERT8000-HB17 Iss 5	Mar 2025	DC electrified lines	This handbook is for those personnel who need to go on the operational railway in an DC electrified area to carry out their duties.
GERT8000-HB18 Iss 4	Sep 2015	Duties of a Level Crossing Attendant	You will need this handbook if you carry out the duties of a level crossing attendant. This document has been updated as part of the December 2015 Rule Book Programme.
GERT8000-HB19 Iss 5	Sep 2023	Work on signalling equipment - duties of the signalling technician	You will need this handbook if you carry out the duties of a signalling technician.
GERT8000-HB19 Iss 6	Sep 2023	Work on signalling equipment - duties of the signalling technician	You will need this handbook if you carry out the duties of a signalling technician.
GERT8000-OTM Iss 12	Sep 2024	Working of on-track machines (OTM)	You will need this module if you carry out the duties of a driver of an on-track machine, an operator of an on-track machine, or a signaller.
GERT8000-T3 Iss 12	Sep 2024	Possession of a running line for engineering work	You will need this module if you carry out the duties of a driver or signaller.
GERT8000-T3 Iss 13	Sep 2025	Possession of a running line for engineering work	You will need this module if you carry out the duties of: • a driver • a signaller.
GERT8000-T10 Iss 6	Sep 2022	Duties of a designated person (DP) and people working on rail vehicles	You will need this module if you carry out the duties of a designated person or person working on a rail vehicle.

Network Rail Safety Central – Information Section

Code of Conduct

The Code of Conduct establishes some minimum standards that Network Rail expects in their supply chain. It has been developed by Network Rail's National Supply Chain, Industry bodies, and the Unions. It will be reviewed and updated by members of these same groups bi-annually. Please email queries to codeofconduct@networkrail.co.uk

[Code of Business Ethics](#) (web page)

[Modern Slavery](#) (web page)

Network Rail Safety Bulletins

In this section you'll find copies of the Network Rail safety bulletins regularly sent out to staff working on the Network Rail infrastructure. These cover a range of different safety issues and are often issued in response to a specific incident.

<https://safety.networkrail.co.uk/tools-resources/safety-bulletins/>

Safety Bulletins

- No new bulletins

Safety Advice

- [Safety Advice NRA25-05 – Scaffold equipment failure](#) June 25, 2025.
- [Safety Advice NRA25-08 – Tampering of braking systems on Manually Propelled Trolley & Grinding Equipment](#) July 21, 2025

Other documents

- No new documents

Lessons Learnt / Shared Learning

- [Shared Learning – NRL25-02 – Derailment of freight train at Audenshaw](#) June 9, 2025.
- [Shared Learning NRL25-03 – Scaffold incident at London Liverpool Street Station](#) July 23, 2025.
- [Shared learning – NRL25-04 – Fatal Road Traffic Collision](#) August 8, 2025

Electrical Safety

- [Electrical safety bulletins](#)
- [Electrical Safety Culture](#)
- [NSCD Supplementary Material](#)
- [Safer Faster Isolation \(SFI\) Technology](#)
- [Single Approach to Isolation \(SAI\)](#)
- [Godinton Sub Station Electrical Safety Hour](#)
- [Electrical Safety Delivery \(ESD\)](#)

Drugs and Alcohol standard

- [D&A Standard March 2025 - Changes on a Page](#) pdf / 12 Mar 2025
- [D&A Standard NR-L2-OHS-00120 - Issue 8 Detailed Briefing](#) pdf / 12 Mar 2025
- [D&A Health Bulletin](#) pdf / 12 Mar 2025

Drive Safe

- [Drive Fatigue Toolkit](#) 10 Jul 2025
- [Drive Safe: Back to Basics Guide](#) 14 Nov 2024
- [The Driver's Handbook \(v15\)](#) 30 Jan 2025
- [Drive Safe Toolkit](#) 20 Nov 2024
- [Drive Safe Brand Guidelines](#) 19 Dec 2024

Health & Wellbeing

[Health and wellbeing](#) (web page)

Risk Management

[Think RISK](#) (web page)

Resource Library

<https://safety.networkrail.co.uk/tools-resources/resource-library/>

The Resource Library holds a wealth of information.

SCO 24:7 (Supply Chain – Operations) Telephone

SCO 24:7 (formally the NSC247 and NDS24:7): call 01908 723500 or 085 65500 (internal)

SCO 24:7 operates 24 hours a day, 365 days of the year from the Quadrant in Milton Keynes. Our remit is to manage the real-time delivery of SCO products & services to our customers. This includes engineering haulage, materials, on track machines, infrastructure monitoring, seasonal treatment, HSEA reporting, site access services and lone worker monitoring.

Emergency

If there's a safety threat to you or to others such as:

- Animals, objects or people on or near the track
- Damage or fault at a level crossing
- A vehicle has hit a bridge
- A broken fence or open gate allowing access to the track

Please call Network Rail Emergency 24-hour helpline immediately: **03457 11 41 41**

To report a crime

Please contact the British Transport Police: **0800 40 50 40**, **999** or **Text 61016**

HSE Fatigue and Risk Index (FRI) Calculator

The Fatigue Risk Index (FRI) has been withdrawn from the HSE website. The reasons for this are:

- The software platform is an older Excel that can no longer be supported on the HSE website.
- The design of the FRI requires improvement to promote better understanding of its outputs, its limitations and its role in a Fatigue Management System.
- In its current format, there have been case of the FRI being issued in order to justify work patterns that clearly require further action to reduce fatigue-related risk.
- FRI users who have access to the FRI in its current format can continue to use it, provided you have the necessary expertise to use the tool and understand the outputs and limitations.

Following feedback, we are making the tool available, as well as how to documents, to aid with calculations.

[HSE Fatigue and Risk Index \(FRI\) Calculator](#)

Useful Links

The following pages contain other useful links and safety information from various sources which may be relevant to you.

Item	Details
Health and Safety Executive http://www.hse.gov.uk – Website	Government agency responsible for regulating risks to health and safety arising from work. HSE publications can be downloaded free in Adobe PDF format.
CIRAS Online http://www.ciras.org.uk – free access	The Confidential Incident Reporting and Analysis System Freephone number 0800 4 101 101.
Network Rail http://www.networkrail.co.uk – Website	Owner and operator of Britain's railway infrastructure.
Network Rail Standards If you have any queries re the registration form or the Network Rail Standards portal, please email: STSupplierSupport@networkrail.co.uk Network Rail Technical Drawings National Records Group Email: nrgcivils@networkrail.co.uk	from 31 August 2023, free access to Network Rail's extensive catalogue of standards and controls documentation will be via a new (interim) website. This new site will be called the Network Rail Standards Portal. If you have not already done so, please register for access to the Network Rail Standards Portal by completing this registration form as soon as you can, so that your new log in account can be set up.
Network Rail Safety Central http://safety.networkrail.co.uk – free access	The site is your one-stop shop of safety information, advice, resources and useful contacts, designed to promote consistency and best practice across the whole rail industry. The information is divided under the following sections: • Alerts & Campaign Material • Communication & Health • Commitment & Rules • Safety Groups • On Site Solutions • Toolbox
Rail Safety and Standards Board http://www.rssb.co.uk – Register for access to certain documents	RSSB builds industry-wide consensus and facilitates the resolution of difficult cross-industry issues. They provide knowledge, analysis, a substantial level of technical expertise, powerful information and risk management tools.
Rail Sentinel https://www.railsentinel.co.uk/ – registered companies only	Sentinel Scheme Rules The latest copy of the scheme rules can be found here: Sentinel Scheme Rules
Office of Rail and Road http://orr.gov.uk/ – free access	Independent safety and economic regulator for Britain's railways, and monitor of performance and efficiency for England's Strategic Road Network.
Rail Accident Investigation Branch http://www.raib.gov.uk/ – free access	Independent railway accident investigation organisation for the UK. It investigates railway accidents and incidents on the UK's railways to improve safety, not to establish blame.

Item	Details
Railway Group Standards https://www.rssb.co.uk/standards-catalogue – free access with registration Rail Safety & Standards Board Enquiry Desk Phone: 020 3142 5400 Website www.rssb.co.uk	Purchasing Railway Group Standards A copy of the order form can be found in the forms section of the RGS Catalogue or from the RGSONLINE website stated above. You will need the following details in order to complete the form: • Railway Group Standards code and title • Quantity • Price • Purchaser's full name, business, address and telephone number • Credit card details, cheque or purchase order number Then fax or post it to Willsons Printers Limited at the address below. Please ensure that you include your credit card details, purchase order or a cheque made payable to Willsons Printers. Payments can also be made by BACS - please contact Willsons for company bank details. Orders received will be dispatched within five working days. Purchasing National Operations Publications National Operations Publications are Railway Group Standards which set out mandatory requirements for direct application in the workplace. These include: • Modular Rule Book (GERT8000) • Working Manual for Rail Staff: Handling and Carriage of Dangerous Goods (GORM3053) • Working Manual for Rail Staff: Freight Train Operators (GORM3056) • Rule Book Forms Details of these documents can be found in the sections 'Document Titles and Descriptions' for Traffic Operation and Management. As these documents are subject to frequent change, amendments which do not justify the reissue of the module or section of the working manual are published in GERT8001, Changes to National Operations Publications. Willsons Printers Limited supplies the modules and handbooks which make up the Modular Rule Book, Working Manual and Rule Book forms. You can order these documents by contacting Denise Atkinson at Willsons Printers Limited at the address below: Willsons Printers Limited Highlander House Cross Street, Newark Nottinghamshire, NG24 1PP Tel: 01636702334 Fax: 01636701396 http://www.willsonshop.com
M&EE Networking Group Codes of Practice https://www.rssb.co.uk/standards-catalogue#stakeholder-publications Refine results by selecting Lead Committee	The M&EE Networking Group is a non profit making group dedicated to the sharing of professional engineering and railway operations information and to provide a focus to the rail industry relating to operational and technical safety of plant. The group is a meeting of the professional heads of mechanical and electrical engineering and operations from infrastructure contractors, Network Rail, RSSB, the Rail Plant Association, London Underground and elected representatives from other infrastructure renewal companies, plant owners, and manufacturers/suppliers of plant and technical services. The M&EE Networking Group produces Codes of Practice and other documents as good practice for all members of the industry.

Other Safety Information

Other Bulletins

HSQE ALERT		
 Golden Site Rules I will always: 1. Be fit for work 2. Understand and stick to the Safe System of Work 3. Stop work if I feel unsafe 4. Report all Accidents, Close Calls and Near Misses (3E)S³ Exceeding Expectations Everywhere Safely, Socially & Sustainably		
Issue Date: 11/03/2025	Issue No: 2025 - 10	Source: Assurance
Brief Description: 10 Facts: Drug and Alcohol Testing		



Never work or drive while under the influence of drugs or alcohol.



FACT 1: You must not:

- Come to work in an unfit state as a result of consuming alcohol or taking drugs.
- Possess or supply any illegal drug or other drug of abuse at work.
- Consume alcohol or illegal drugs or other drug of abuse at work.

FACT 2: There are different Types of D&A testing.

- **Random unannounced testing** - this is unannounced with no prior notification.
- **Pre-placement testing** - new sponsor testing.
- **For cause testing** - if there are grounds to suspect that individual is unfit through drugs or alcohol.
- **Post-incident testing** - following accidents or serious incidents.

FACT 3: You can be tested anytime you are at work, and this includes attending training courses.

FACT 4: The railway drink driving limits are lower.

- England and Wales: 35mg alcohol per 100ml breath.
- Scotland: 22mg alcohol per 100ml breath.
- Network Rail: 13mg alcohol per 100ml breath.

You could be tested for alcohol by the police on the way to work and pass – but fail a D&A test when you arrive at work!

FACT 5: A positive Drugs and Alcohol Test can result in a ban from working on Network Rail Managed Infrastructure for **up to 5 years**.

FACT 6: Refusal to take a Drugs and Alcohol test will be classified as a positive result.

FACT 7: A positive result can occur if medication (over the counter or prescribed) is not declared when you're being tested for Drugs and Alcohol.

FACT 8: Some drugs can stay in your body for up to 30 days.

FACT 9: Even small amounts of alcohol can affect concentration, co-ordination, decision making, muscular control, reaction time, judgement and therefore, your safety and the safety of your workmates, family and friends.

FACT 10: On average it takes one hour to eliminate one unit of alcohol from the body after your finish your last drink, but this can be affected by height, weight and gender. Even if you have consumed alcohol the night before a workday, you could still be over the Network Rail alcohol limit the following morning.

HSQE ALERT		
 Golden Site Rules I will always: 1. Be fit for work 2. Understand and stick to the Safe System of Work 3. Stop work if I feel unsafe 4. Report all Accidents, Close Calls and Near Misses (3E)S³ Exceeding Expectations Everywhere Safely, Socially & Sustainably		
Issue Date: 11/06/2025	Issue No: 2025-17	Source: Possession Management
Brief Description: Checking your Documentation and being Prepared		

On some occasions Possession Support Staff are accepting their paperwork (packs) but have not thoroughly checked them for any potential issues. Please ensure before you accept the pack that you check and understand all relevant documentation.

CHECK YOUR SWP / SITE DOCUMENTATION -Check:

- Pre-Planning of your work activities.
- Your SWP limits match the WON and match the limits in the roster, this includes if protection is full distance or substandard.
- Your rostered start time against the start time on the WON for your limits, you should normally be on site 1 hour prior to possession.
- You possession limits against your diagrams, checking what references you have on site, which way the job is going, where your access is and any open lines remaining open at site.
- What equipment you need to carry out the role, do you have enough?
- Your method of work and which way you will be walking and how far. Look through the pictures provided and get onto google maps to familiarise yourself with your surroundings.
- Your SSOW – are you working safeguarded or separated, where are the open lines, identify any routes open to trains, any points that are still being used by trains.
- Your line diagrams / sectional appendix / hazard directory covers your site of work.
- Line blockages in use and the limits of those line blockages, do they cover your working area and give you a safe access and egress route.
- The controlling signal box is correct for the area you are working.
- Ensure any planned Site Visits are record and return them.



If something does not look right, then STOP, make sure you are in a safe place and ASK, then ESCALATE to the PICOP.



During normal office hours raise to the Delivery Manager. If outside normal office hours call the Bridgeway On Call Manager 07966 303977



SEE SOMETHING



STOP!



SAY SOMETHING



WE WILL LISTEN



AGREE ACTION

You are Empowered and supported by Bridgeway to personally challenge others if you are asked to rush, are pressured to cut corners and not work to rules / standards.

HSQE ALERT		
 Golden Site Rules I will always: 1. Be fit for work 2. Understand and stick to the Safe System of Work 3. Stop work if I feel unsafe 4. Report all Accidents, Close Calls and Near Misses (3E)S³ Exceeding Expectations Everywhere Safely, Socially & Sustainably		
Issue Date: 25/06/2025	Issue No: 2025-19	Source: Assurance
Brief Description: Japanese Knotweed & Great Crested Newts Safety Videos		

Japanese knotweed is a tall, vigorous plant which has become one of the UK's most aggressive invasive species, establishing itself in both urban and rural settings.

What You Need to Know

- **Identification:** It grows rapidly (up to 10cm per day), forming dense thickets. Key features include bamboo-like stems, heart-shaped leaves, and creamy-white flower clusters in late summer.
- **Location Awareness:** Be alert during site inspections or works—report any sightings immediately as a Fault to Network Rail.
- **Control Measures:** Do not cut, dig, or move soil or plant material suspected to contain knotweed.



Check out the video for more information: [TSA - Japanese Knotweed | Videos | TSA](#)

The **Great Crested Newt** is a Protected Species, meaning the animals, their eggs, breeding sites, and resting places are all protected by law. Offences can occur not only by harming the newts directly but also by disturbing or damaging their habitats.



Where Are They Found?

Great Crested Newts are known to exist widely across the UK rail infrastructure, especially within 500 metres of a pond.

What you need to know:

- **Survey Early** – If a pond or suitable habitat is within 500m of the worksite, a newt survey must be considered during planning.
- **Apply for a Licence** – This process can take several weeks and must be completed before works begin.
- **Do Not Disturb** – Avoid working in or around water bodies or damp areas without environmental clearance.
- **Report Suspected Habitat** - Always report in the 1st instance to the Bridgeway PM, they will contact the client Ecologist, if the job is a Bridgeway job then report it to the PM and the BCL OCM, giving as much detail as possible.

Click this link to watch a video on Great Crested Newts [TSA - Great Crested Newts | Videos | TSA](#)



HSQE ALERT		
		
Issue Date: 11/07/2025	Issue No: 2025-21	Source: Assurance
Brief Description: Words can save lives – Use them right.		

A lack of clear understanding in safety-critical comms are behind many avoidable incidents. It's not always what you say - it's what's understood by the other party.

Don't just repeat instructions - actively listen, process what's being said, and confirm only when you fully understand. Communication is about understanding, not just ticking a box.



Whether you're giving or receiving information or instructions:

- Ask open questions to check understanding.
 - Tell, Explain, Describe (T.E.D.)
- Don't assume someone has understood – even if they repeat back.
- Don't use vague statements – make instructions clear.
- Plan what you need to say, what outcome do you want?
- Repeat back instructions & information, ask questions.
- Speak slowly and clearly, don't interrupt.
- Listen to what you are being told, clarify if unsure.
- Pause if you need to process information.



Clear communication isn't just good practice; it's lifesaving. If it's not fully understood, it's not safe.

HSQE ALERT		
 Golden Site Rules I will always: 1. Be fit for work 2. Understand and stick to the Safe System of Work. 3. Stop work if I feel unsafe 4. Report all Accidents, Close Calls and Near Misses (3E)S³ Exceeding Expectations Everywhere Safety, Socially & Sustainably		
Issue Date: 29/07/2025	Issue No: 2025-22	Source: Assurance
Brief Description: HSQE Alert - Sharps / Needles Warning.		

In recent months, there has been a notable increase in reports regarding the discovery of sharps and needles at access points and other locations within the railway infrastructure. Some of these items have been deliberately positioned in a manner that could potentially cause harm.



We ask all staff to remain vigilant and to maintain awareness of their surroundings at all times, with particular attention to access gates, location cabinets, doorways, and areas where drug use has been previously reported or is known to occur.

As seen in the images above and below, the hazards appear to have been deliberately placed with the intent to cause harm to individuals using these locations. This presents a serious risk of transmitting blood-borne diseases such as Hepatitis B, Hepatitis C, Syphilis, and HIV, among others.

If you find a Sharp / Needle

Do Not Touch them or try to remove it.
Report it Immediately



Safety Points to be aware of

- Never put yourself in danger, check your location for Sharps/Needles.
- Always wear the correct PPE: Gloves, Glasses, Head torch, Full Bridgeway PPE.
- Check Access gates Prior to unlocking gates, check padlocks and posts.
- If you find something call the COSS, Team Leader, PICOP, Route Control and always report this situation to the Bridgeway On Call Manager 07966 303977.
- Supply information in real time, Location, Access Point, Mileage & ELR.
- Always Remain safe, your safety is our number 1 priority.

Remember Bridgeway's Golden Site Rule 3:
Stop Work if you feel unsafe.



Toolbox talk – Environment

Badgers

What?

- ❑ badgers are a protected species
- ❑ both the animals and their setts are protected by law
- ❑ it is illegal to carry out any construction work close to a badger sett without taking steps to positively avoid damage and without an appropriate licence
- ❑ it is no excuse in law to be unaware of the presence of badgers.

Identification

- ❑ most badgers have the characteristic black and white striped face although very occasionally they can be creamy white (albino) or red/ginger in colour
- ❑ fully grown adults can be up to 1 m in length and weigh up to 14 kg
- ❑ the sett entrance is usually D-shaped and at around 300 mm wide by 200 mm high is wider than either a fox or rabbit hole
- ❑ there may be signs of freshly excavated material at the entrance or piles of leaves, dry grass, straw or bracken, which the badgers take inside to use as bedding
- ❑ badgers have a distinctive footprint – five claws and a broad main pad
- ❑ an indicator of badgers can be found on trees or posts that badgers use for scratching.



- disturb a badger when it is occupying a sett
- interfere with a badger sett by damaging or destroying it
- obstruct the access to, or any entrance of, a badger sett
- breaking the law can lead to fines of up to **£5000 per badger and/or up to six months in prison.**

Why?

- ❑ **avoid prosecution:** it is a criminal offence for anyone without a licence to:
 - kill, injure or handle a badger

Do

- ✓ **IMMEDIATELY** stop work and inform a line manager if a badger sett is found or a badger is seen on site or close to the site boundary
- ✓ seek guidance from a competent person before any work within 30 m of a badger sett.

Questions

- 1 Where might signs of a badger sett be found?
- 2 How is a badger sett identified?
- 3 If it is suspected that badgers are present, what should be done?

Don't

- ✗ use heavy machines within 30 m
- ✗ use light machines within 20 m
- ✗ work within 10 m

of a badger sett before checking with a line manager whether a licence is necessary

- ✗ carry out any works that are likely to disturb, damage or destroy a badger sett unless a line manager has categorically instructed to proceed further to a competent ecologists recommendation to do so.

Developed from H045 Environmental Toolbox talks
Date issued: November 2015



For further information please contact a member of the Environment Team

OFFICIAL

Safety Bulletin



everyone
home safe
every day

Two Painful Falls

Issued to: Scotland's Railway Colleagues & Principal Contractors

Ref: SRB 25-13L

Date of issue: 21/05/2025

Location: Track near Rogart, and West of Scotland Signal Centre

Contact: [Alisha Baird, Regional WHSEA](#)



Overview

Within the last week we've had two serious colleague injuries in Scotland.

The first event involved a security officer falling into an open inspection chamber causing serious injuries to their shoulder. The second event involved a maintenance colleague falling into a hidden culvert on third party land. Both events involved hidden hazards, and both could've been avoided.

In Scotland, slips, trips and falls are one of our main causes of injury amongst our colleagues.

Hazards like uncovered holes and uneven ground can be hard to spot until it's too late.

Poor lighting can prevent you from seeing potential dangers, making it difficult to tell where the ground starts or ends. Shadows may hide trip hazards, increasing the risk of accidents.

To stay safe, ensure all work areas are well scoped and well lit - if you can't see a hazard, you can't avoid it.

Discussion Points

- **Always** check the area before starting work.
- **Always** cover or clearly mark any openings or holes.
- **Always** make sure lighting is working – report it if it's not.
- **Always** use signs to warn others about risks.
- **Never** walk past a hazard without reporting it.
- **Never** leave a chamber or culvert open and unguarded.
- **Never** work in the dark or poor light without raising the issue.
- **Never** assume an area is safe just because it looks familiar.

Part of our group
of Safety Bulletins

Safety
Alert

Safety
Bulletin

Safety
Advice

Shared
Learning

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Safety Bulletin



everyone
home safe
every day

Telehandler – Working Under Live with No Isolation

Issued to: Scotland's Railway Colleagues & Principal Contractors

Ref: SRB 25-14L

Date of issue: 30/05/2025

Location: Greenhill Feeder Station RRAP

Contact: Alisha Baird [Regional Workforce Health, Safety and Environmental Advisor](#)



Overview

On the night of 31st March 2025, at Greenhill Feeder Station Road Rail Access point (RRAP), a telehandler fitted with a bucket was used to load loose ballast onto a Road Rail vehicle (RRV) with no isolation of the Overhead Line Equipment (OLE) in place.

The telehandler was not authorised or equipped for Working Under Live (WUL) conditions, as it did not have a height limiter. Although the telehandler was sourced through the Plant Team, the request did not specify the need for WUL capability.

The Safe System of Work Pack (SWP) detailed that a WUL permit was in place; but that permit only covered the Nissan Navara and its trailer, not the telehandler that was used.

Both the Controller of Site Safety (COSS) and the Plant Operating Scheme (POS) Representative were aware that no OLE isolation was in place. However, they incorrectly believed the telehandler was authorised for Working Under Live conditions.

The telehandler operator did not raise any concerns, as they believed an isolation had been implemented.

This incident highlights a critical breakdown in planning, communication, and permit control. As a result, plant was operated under live OLE without the proper authorisation or safety controls in place.

Discussion Points

- **Always** be sure the required plans and permits are in place, before you start a job or go on or near the line.
- **Always** make sure you have authority to move or work under live.
- **Always** confirm that you have fully understood the briefing you are given.
- **Never** Work Under Live Overhead Line with unapproved machinery.
- **Never** assume the Overhead Line Equipment is isolated – always verify.
- **Never** ignore your concerns and if something doesn't feel safe use the Worksafe Procedure.

Part of our group
of Safety Bulletins

Safety
Alert

Safety
Bulletin

Safety
Advice

Shared
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everyone
home safe
every day

Relays containing Asbestos

Issued to: Scotland's Railway colleagues
& Principal Contractor's

Ref: SRL 25-01

Date of issue: 20th December 2024

Location: Dundee Signal Centre

Contact: Lee Ross IMDM Perth



Overview

BR930 relays manufactured prior to year 2000 have been found to contain Asbestos Containing Material (ACM) within the resin used to manufacture the base and or as part of the thermal element contained within the relay. Relays containing ACM must be boxed & labelled as containing asbestos during transportation & storage.

On a joint site visit between Network Rail & ORR to Dundee signalling Centre it was found that relays identified as containing ACM were being stored without the correct box & label.

Underlying Causes

Until the discovery of ACM within relay bases multiple relays were transported & stored in polystyrene/cardboard boxes, the relays were then removed from the polystyrene/cardboard boxes & stored on a shelf. Since the discovery of ACM within relays the transportation/storage of identified relays must be stored within individual boxes & labelled.

Key Message

- Relays containing ACM must be boxed & labelled.
- Cracked or damaged relays should be disposed of in accordance with ACM waste regulations.
- Sites storing relays should be listed on Asbestos Management Plans
- Further guidance can be found in NB 224 Asbestos-containing materials (ACM's) in signal relays.
- Further advice can be sought from appointed Asbestos Responsible person in your business area.

Part of our group
of Safety Bulletins

Safety
Alert

Safety
Bulletin

Safety
Advice

Shared
Learning

Other Safety Information



Safety 3-4-3 and Fleet 3-4-3



End of British Summer Time - Clocks Back

Clocks going back one hour on Sunday 26th October 2025 at 02:00 a.m. means that the days are getting darker for longer in the coming months.

- Your body clock is affected, leaving you feeling fatigued. Make sure you are well rested for your next shift.
- Driving conditions change and you're prone to a drop in your reaction times.
- Workplace accidents tend to be greater in both frequency and severity - avoid becoming complacent.



1 What Did You Say?

2 in 3 Bridgeway incidents over the last 2 years highlighted a lack of clear understanding between the person sending and the person receiving the information, e.g.:

- Leaving out important details.
- Poor or variable quality of information.
- Saying something vague.
- Assuming (guessing).
- Not following basic protocols.
- Not being 100% sure and certain.

What goes wrong?

- ✗ Information relayed poorly.
- ✗ Information misunderstood.
- ✗ Actions not clearly defined.

Information must be clear and unambiguous - use locations:

- Signals.
- Mileposts.
- Structures and other fixed railway assets.

Confirm understanding and be 100% certain you have reached a clear understanding - ask yourself:

- Was it just repeated back parrot fashion?
- Was the information really understood?

Improving communications

- Avoid monotonous and unnecessary repeat back of information; think about what's being said and what it means.
- Allow sufficient time - particularly at shift handover.
- Carefully specify what key information needs to be communicated - **CONFIRM, CLARIFY AND REPEAT.**
- Be assertive - confidently saying what is needed whilst maintaining respect for others.
- Be clear.
- Be respectful and consider how you would like to be spoken to.



AT THE END OF THE CONVERSATION, ARE YOU SURE YOU HAVE REACHED A CLEAR UNDERSTANDING?

**JUST BECAUSE I KNOW
WHAT I SAID, DOESN'T
MEAN I KNOW WHAT
YOU HEARD**

ALAN ROBERT NEAL (American Philosopher)



2 Stay in Your Lane

You wouldn't walk out on to a motorway where vehicles are whizzing by, would you?

Wherever you are working, whether it's on the rail infrastructure, roads, highways or waterway, your safe work plan will specify the safe limits of your worksite or isolation. The limits are there to keep you safe. Near misses and other incidents involving workers are alarmingly common. It can happen when you lose situational awareness or don't have clarity on the arrangements or both. It can be entering the work area in the wrong location or straying beyond the safe limits of the

works area or isolation.

Before you start work, clearly identify the safe working limits. Use landmarks, structures, signals or mileposts to define the limits and if you are the COSS or Team Leader make sure everyone in the group is aware of the limits. Stay alert and be aware of what is happening around you. Continually check where you are and where you are supposed to be.

If you have ANY DOUBTS, get into a position of safety and refer to your safe system of work. Contact your PICOP, Team Leader, Supervisor or Bridgeway On-Call Manager if you need help

BE AWARE OF YOUR SURROUNDINGS AND WHERE YOU ARE AT ALL TIMES.



3 Autumn: Slips, Trips and Falls

Slips, trips, and falls are one of the main causes of injuries in Autumn. Wet surfaces and equipment (e.g., Ladders, plant platforms) can be extremely slippery.

Leaves are one of the most significant fall hazards. When they accumulate, they can become slippery, especially when they are wet. Leaves can also conceal hazards, such as holes or debris, that can cause trips and falls.

Tips to reduce risks of injury:

- Ensure that your footwear is in good condition and the soles have good traction/grip.
- Do not put your hands in your pockets while walking.

- Remove wet leaves stuck to your footwear before working on ladders or plant platforms.
- Lace up your footwear properly - this will help prevent unnecessary ankle injuries.
- Use sufficient lighting during darkness and poor visibility.
- Always use authorised walking routes and don't take short cuts.
- Watch where you are going and don't rush, especially when carrying equipment.
- Don't walk on sleepers or troughing.
- Hold the handrail when using steps.

Even if you feel fine after you have slipped, tripped or fallen during work, you still need to report it on the Bridgeway Help App and to your Line Manager or the Bridgeway On-Call Manager.

REPORT ALL ACCIDENTS IN REAL TIME NO MATTER HOW TRIVIAL.



Autumn Season

Knowing what species are active at this time of year can help us to protect wildlife, reduce disruption, and keep ourselves safe when working near the line.

- **Swans, Geese and Ducks.** Often found near rivers, canals and reservoirs by railway bridges. These birds may appear calm but can be highly protective of their young or nesting areas. Always keep your distance and avoid confrontation. Their presence near bridges can also increase droppings, which create slip hazards on walkways and platforms.

- **Starlings.** Famous for their evening "murmurations", when thousands fly in synchronised patterns around viaducts, fields and stations. While spectacular to watch, large flocks can be noisy and leave significant droppings around railway structures.



- **Hedgehogs.** Before hibernation, they travel further distances to find food and suitable nesting sites in hedgerows and undergrowth. Always check vegetation before strimming or clearing, as they are small, well-camouflaged and vulnerable.



- **Badgers.** Known for their powerful digging, they may burrow into embankments or under structures. Badger setts near bridges or culverts can undermine the ground, posing both ecological and engineering challenges.



- **Wasps.** Old nests are often found in bridge voids, signal bases and embankments. Even late in the season, wasps can be aggressive, particularly if nests are disturbed.

- **Bats.** It's their last active feeding period before hibernation. Bridges, tunnels and culverts are common roosting sites. All bat species are protected under UK law, meaning their roosts must not be disturbed.

- **Frogs, Toads and Newts.** These species begin searching for hibernation sites under stones, logs, or in drainage systems. When working near culverts, always be mindful of their presence. Great crested newts, in particular, are a protected species.

Key Reminders

- Never disturb or handle wildlife; many species are legally protected.
- Be alert when working near vegetation, culverts, or water; these are prime habitats.

Staying Vigilant

Vigilance refers to the state of being alert and aware of your surroundings, enabling you to identify potential threats and respond appropriately. It is crucial not only for individuals in working in high-risk environments, such as working at height, on highways or the rail infrastructure, but also for everyday life.

Being vigilant helps you to recognise hazards, prevent accidents, and make informed decisions:

- **Identifying Threats:** Vigilance allows you to spot potential dangers early, whether in your personal life or while driving.
- **Preventing Accidents:** By being alert, you can avoid accidents and mishaps that may occur due to negligence or distraction.
- **Enhancing Decision-Making:** Quick and informed decisions can be made when you are aware of your surroundings, which is vital in emergencies.



Practical Tips for Staying Vigilant

- **Be Aware of Your Surroundings:** Always pay attention to what is happening around you. Be aware if you are working in a noisy environment, it can distract you from the task at hand and lower your vigilance.
- **Trust Your Instincts:** If something feels off, trust your gut feeling. Don't hesitate to seek help or call authorities if you notice suspicious behaviour or situations.
- **Communicate with Others:** Share your concerns with those around you. More eyes and ears can enhance safety and help identify potential threats.
- **Practice Situational Awareness:** Regularly scan your environment for exits, potential hazards, and unusual behaviour. This proactive approach can help you respond quickly to emergencies.
- **Stay Prepared:** Whether it's taking extra time to review your safe work pack or knowing emergency contacts, being prepared can make a significant difference in critical situations.

Close Calls



You can report, view and track the status of your Close Call via the Bridgeway Help App or go to closecall.bridgewayconsulting.

I Said: Boundary fence on wing walls of bridge 1 are in poor condition, 1 wing wall fence was broken and allowing access from public park onto railway.

Guy Strickett, Minor Works

I Did: Myself and Alan Carr were able to make a temporary repair with some off cuts of wire/gripplies we found around bridge so there is a fence of sorts there now. Network Rail need to attend and fix fencing properly as we did not have fencing tools or equipment with us.

I Said: When scoping an upcoming culvert site I came across a reasonably large hung up dead tree. This had the potential to fall onto someone.

Matthew Langley, Minor Works

I Did: I was able to manoeuvre the tree by hand safely to the ground, removing any risk of it falling.

I Said: Wooden plank posing risk of falling onto moving trains.

Manikidzai Chizema, Examinations

I Did: Removed plank to mitigate risk of it falling onto track.

I Said: Anti trespass fence has missing bolts.

Conal O'Reilly, Minor Works

I Did: Replaced with spare bolts from the van.

I Said: 4 no metal brick / blocks discarded on the Upside bearing shelf for bridge 5 posing a fall hazard to passing trains and track workers.

Manikidzai Chizema, Examinations

I Did: Removed the 4No metal blocks.

I Said: Trackside course of brickwork is loose throughout and easily moved by hand. Had the opportunity to land on examiner on ropes.

Imola Rappos, Examinations

I Did: Ben Spitzmuller removed brickwork in drop locations.

CLOSE CALL OF THE YEAR AWARD.

All Close Calls of the Month will be entered for the Close Call of the Year award in December 2025. The winner will receive a prize of £500.

Close Calls of the Month



May 2025

I Said: Vegetation growth touching the return conductor next to stanchion LM 04 14. Reported to NOM & NWR.

Conal O'Reilly, Minor Works



June 2025

I Said: The line block currently booked for NOC Bridge 55 is incorrect, as it falls 9 chains short of covering the worksite.

I've contacted Natasha to see if it can be amended before the team attends on Monday. If not, I'll brief the COSS on the issue, provide the correct signal details, and advise them to speak with the signaller at Castleford signal box in person, as it's located next to the access gate.

Guy Strickett, Minor Works



July 2025

I Said: The Site Warden was not performing their duties correctly. They were using a mobile phone while on duty and was challenged by the Assessor (Zulekah). They later left the group to exit the track under an external colleague's instruction and had to be called back by the COSS. When challenged by the COSS about their conduct, they responded negatively. Both the Assessor and COSS raised concerns. This was passed onto and dealt with by the individual's Line Manager.

Zulekah Hattersley, People & Development

Safety First (NOT!!!!) The faith some people have...



Drugs & Alcohol Testing

Bridgeway supports Network Rail's zero tolerance approach to any drug and alcohol misuse. This is monitored with regular and random unannounced drug and alcohol testing:

- **Random unannounced:** No prior notification.
- **Pre-placement:** Pre-employment testing.
- **Medicals:** Periodic PTS Medicals.
- **For cause:** if there are grounds to suspect that an individual is unfit through drugs or alcohol.
- **Post-incident:** Following accidents or incidents.

As part of your drug and alcohol screening, you will be asked to provide a breath sample that will be tested for alcohol and a urine sample that will be tested for drugs.

If you are selected for drugs testing, you must give the tester details of any medication (prescribed or

over the counter) you have taken, however trivial it may seem, or any injections or local anaesthetics you have been given, before the test is carried out as some medications may cause positive results in the drug tests. Refusal to undertake the test or leaving site when being selected will be treated as a positive outcome.

Any positive result can result in a 5-year ban from the railway. This will also be recorded onto Sentinel and will remain on there after your 5-year ban.

Click on the HSQE Alert image to view the "10 Facts: Drug and Alcohol Testing".



HSQE Communications

Below are internal and external communications since the last Safety 3-4-3 that may be relevant to you. Click on the images to open the communications in the Bridgeway Help App.

Internal Communications



HSQE Alert 2025-16
Key Possession Support and
PICOP Protocols



HSQE Alert 2025-17
Check Documentation and
be Prepared



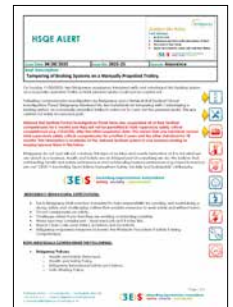
HSQE Alert 2025-19
Japanese Knotweed - Great
Crested Newts



HSQE Alert 2025-21
Words can save lives - Use
them right.



HSQE Alert 2025-22
Sharps - Needles Warning



HSQE Alert 2025-23
Tampering of Trolley Braking
Systems

External Communications



SRB 25-13L
Two Painful Falls



SRB 25-14L
Telehandler - Working
Under Live With No Isolation



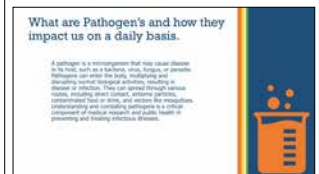
SRB 25-15L
Colleague on Open Line -
Placing Protection



SRB 25-16L
Fall from Height
Newton Station



SRL 25-01
Relays containing Asbestos



Keltbray
Pathogens



NRA25-04
Chainsaw PPE and Chainsaw
Speeds



NRA 25-05
Scaffold Equipment Failure



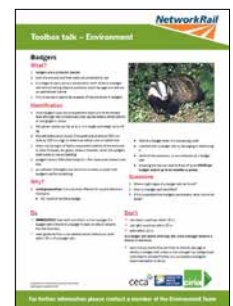
NRA 25-08
Tampering of braking
systems on Manually
Propelled Trolley & Grinding
Equipment



NRL 25-02
Derailment of freight train at
Audenshaw



Health Hero
Maternal Mental Health



Toolbox Talk
Badgers

As Autumn and Winter near, some of us may experience a sense of loss for the brighter days of summer and increasing apprehension for the colder, darker months ahead.

Seasonal Affective Disorder (SAD), happens most commonly in the winter months and it's often linked to reduced exposure to sunlight during the shorter Autumn and winter days. For some people, SAD can have a significant impact on day-to-day activities.

MANAGING YOUR MENTAL WELLBEING THIS AUTUMN

There are several strategies you can use to help manage your mental wellbeing.

- **Select the best bits.** Identify things that you look forward to. Focusing on these activities can help you feel more positive about the change in season.
- **Stay active.** Exercising and staying active gives you more energy and encourages those feel-good hormones, endorphins, which boost your mood and can even ease pain.



- **Get some light.** Daylight can have a big impact on our mood and our circadian rhythms (affecting how we sleep). Give your mood a helping hand by exposing yourself to daylight daily even if it's just for a few minutes looking up at the sky.

- **Eat nutritious and warming meals.** Ensure you eat a balanced diet over winter can support your mood as well as your immune system.

- **Stay connected.** Staying connected with friends, family and loved ones is imperative to our mental wellbeing. If you mostly work from home, see if you can get together with your colleagues.

- **Watch your sleep.** When the clocks change on 26th October 2025, we may find that our sleeping pattern alters slightly and feel more tired. Getting enough rest is vital for maintaining good mental health. Avoid screens before bed and engage in relaxing activities such as reading or gentle stretching to help wind down.

SEEK EXTRA SUPPORT IF YOU NEED TO
Mental health isn't linear and it can dip at any time. If you're experiencing a dip and you're struggling to cope, please reach out to Bridgeway's Wellbeing Champions.



If you would like a confidential discussion, call Bridgeway's Employee Assistance Programme (EAP) on 0800 358 4858 where one of the Health Hero counsellors will listen, guide and support you. It is available 24/7 to all Bridgeway employees.



BRIDGEWAY'S SAFETY NET REGISTER

You may consider putting yourself on Bridgeway's Safety Net register.

The Safety Net register is a supportive tool for monitoring and adapting work based on an your individual needs so that you can focus on your wellbeing without worrying about any additional work pressure.

Contact your Line Manager or the People team.

Working Safely With Others - Power tool Exclusion Zones by Guy Strickett, Enabling Works Principal Project Manager

There are many risks when working in the railway environment, many of which we are aware of and can mitigate in our own Safe Work Pack, Task Brief Sheet & Risk Assessment. However working on the railway often leads us to have to work in the same area as other workers where dangerous jobs are taking place and extra risks exist that you may not be prepared for.



One of these risks is working on sites where vegetation cutting is taking place either as part of your work, to aid your work or as additional work in the same possession. It is important that you consider what additional risks may be present.

If it is a Bridgeway multi-team site all Person in Charge must take 5, complete a Point of Work Risk Assessment (POWRA) and brief each other/all staff regarding the work, risks and control measures/exclusion zones, all staff need to comply with these control measures.

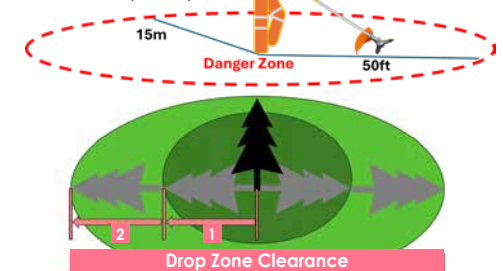
Chainsaws, Strimmers/Brushcutters and Hedge Cutters are all dangerous tools and have risks associated with them if no control measures are put in place. These risks

include severe cuts, excessive noise and flying debris/material. Control measures include PPE (Chainsaw helmets with face visors and ear defenders, chainsaw trousers, chainsaw boots and gloves) these provide a last line of defence for the operatives however the best and safest control measure is an exclusion zone.



Minimum exclusion Zones		
Equipment type	Where vegetation workers are all wearing PPE	For other workers without full PPE
Hedge Cutter	5m	15m
Strimmer	15m	15m
Chainsaw	5m or 1 x tree length when felling	15m or 2 x tree length when felling

Safety exclusion zones are set up for everyone's safety, not to delay the work. On most occasions you would only be excluded from an area for a few minutes whilst the vegetation is cut before being able to start or complete your work.



Jacob Brown

While carrying out work on ECM2 1A, Jacob and the ISAR3 team came across a nesting pair of swans on the Downside — the mother swaddling her eggs while the male stood guard nearby. Recognising the importance of protecting local wildlife, Jacob immediately took responsible action.

The team kept a safe distance to avoid disturbing the birds and escalated the situation to management. As a result, the planned works were postponed until after the nesting season, ensuring the swans could remain undisturbed in their natural habitat.

This Close Call highlights the importance of staying alert not only to operational risks but also to our responsibility to protect wildlife. Jacob's actions prevented a potential disruption to a protected species and demonstrated excellent environmental awareness.

Thank you, Jacob — a great example of doing the right thing, for both safety and nature.



We all have a part to play in working, driving and behaving SAFELY and SUSTAINABLY.

If you have any comments on this or any issue of the Safety 3-4-3™ or Fleet 3-4-3™ newsletter, or any other suggestions regarding close calls, safety behaviours, health, safety, environmental or driving related matters, please contact us at the email addresses shown on the right.

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Bridgeway House, 2 Riverside Way, Nottingham NG2 1DP

- assurance@bridgeway-consulting.co.uk
- fleet@bridgeway-consulting.co.uk



everyone
home safe
every day



The Driving Lifesaving Rules

More accidents happen to people while driving to and from work than while on the job or at home. The Driving Lifesaving Rules are applicable for everyone - not just those who work on the railway infrastructure:

- **Never work or drive while under the influence of drugs or alcohol.**
- **Never use a hand-held or hands-free phone, or programme any other mobile device, while driving.**
- **Always obey the speed limit and wear a seat belt.**

Be safe always - your unsafe driving behaviours could be life changing for others, not just yourself.

We want everyone to go home safe every day.

Scan or click on QR code to confirm briefing.



1 Autumn Driving Tips

Autumn can be a very challenging time for drivers with shorter days, unpredictable weather and unique road hazards.

- **Reduced Daylight:** Shorter days mean more driving when visibility is lower. Use headlights at dawn, dusk, and in poor weather, even if it doesn't seem dark. Make sure headlights, brake lights, and indicators are clean and working properly.
- **Fog and Glare:** Reduce speed in fog and glare. Cooler mornings often bring fog. Use low-beam headlights when in fog. The low Autumn sun creates glare that can impair vision. Wear polarized sunglasses and keep the windscreen streak-free.
- **Changing Weather:** Sudden rain, early frost, or even the season's first snow can affect stopping distances and handling.
- **Black Ice:** Bridges and shaded roadways can freeze earlier than other surfaces. Stay Alert and drive cautiously on cold mornings and evenings.

- **Wet Leaves:** Fallen leaves can become as slippery as ice when wet, reducing traction and hiding potholes or lane markings. Keep extra space between your vehicle and the one ahead, especially on leaf-covered or damp roads. Braking distances increase significantly in these conditions.
- **Wildlife Activity:** Deer and other animals are more active during the fall, particularly around dawn and dusk. Slow down in rural areas, especially in early morning and evening. If an animal crosses, brake firmly, never swerve into oncoming traffic.
- **Tyres and Wipers:** Ensure tyres have adequate tread depth for wet conditions. Replace wiper blades if they streak or skip across the glass.

With increased traffic around schools, harvest activity, and variable weather, plan for longer journeys and build extra time into schedules to avoid rushing. Keep vehicles maintained to reduce the risks and ensure safe, reliable journeys throughout the season.

A SAFE DRIVER IS A PREPARED DRIVER.



2 Do you Have Bad Driving Habits?

For Bridgeway drivers, safe and considerate driving is about more than avoiding accidents, it's about showing respect for other road users and the communities we work in. Bad driving behaviours not only put safety at risk but also damage our reputation.

Behaviours to Avoid:

- **Ignoring Courtesy:** Failing to signal, not giving way when safe to do so, or showing impatience on the road undermines professionalism.
- **Blocking Access:** Parking across driveways, loading bays, or private roads causes disruption and delays for others.

- **Poor Parking Habits:** Taking up multiple spaces, parking too close to other vehicles, or stopping on private land reflects poorly on both driver and company.
- **Distraction:** Focussing on satnavs reduces reaction time and increases risks.
- **Aggressive Driving:** Speeding, tailgating, or cutting off other vehicles creates unnecessary danger.

By avoiding these behaviours, Bridgeway drivers help ensure smoother, safer journeys, protect vehicles, and present a responsible image of the company. Every action, from how you drive to where you park, sends a message of what kind of driver you are and shows respect for the communities we work in.

RESPECT CUTS BOTH WAYS. DON'T BE A BAD DRIVER.



3 Are You Feeling Tired?

Driver fatigue refers to the state of feeling tired, drowsy, or exhausted while operating a vehicle. It is a significant hazard on the road as it impairs a driver's ability to stay alert, react quickly, and make sound decisions, thus increasing the risk of accidents.

Did You Know?

- 83% of van drivers feel more tired in Autumn and Winter.
- 1 in 5 accidents are caused by tiredness.
- Peak times for fatigue-related crashes are within the hours of 02.00-06.00 and 14.00-16.00.
- Sleeping just 4-5 hours a night for a week impairs performance to the same extent as being legally over the alcohol limit.

Driving when tired or unwell impairs judgement and reaction time causing drivers to react slowly, brake late and is a major factor in a lot of rear end incidents. It also affects coordination resulting in a variance in speed - slowing down and speeding up. Tired drivers also have what is known as microsleeps, which last from a fraction of a second to 2 seconds. At 56mph a van travels 25m/sec, so microsleeping for 2 seconds means 50m of unconscious travel.

Motorways and dual carriageways are the most common roads for sleep related road incidents, due to the monotonous road environment and lack of interruptions. Crashes caused by drivers falling asleep involve vehicles running off the road or into the back of another vehicle. They tend to be high-speed impact incidents, and the risk of death or serious injury is high.

DON'T IGNORE THE SIGNS OF FATIGUE. ARRIVE ALIVE.

