



STEM TALENT PARTNER OF CHOICE

Safety Briefing

November 2024

Monthly topics

Winter Driving advice

- www.drivingforbetterbusiness.com/van-driver-toolkit

Shared Learning

- Stressing Kit failure



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VAN DRIVER TOOLKIT: **SEASONAL DRIVING**

AUTUMN DRIVING

Did you know?

- Autumn can often bring new challenging driving conditions with temperatures dropping, nights drawing in and leaves falling creating slippery road surfaces.
- Driving can be difficult with the lack of clear visibility from low sun and fog. When driving in fog, set your headlights to low beam.
- Allow yourself plenty of room to stop in an emergency. Keep a greater distance from the car in front.

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Reduce speed when driving on a road covered with leaves, especially when driving around corners.

Collisions increase by 10% in the first two weeks following the time going back by an hour in late October.

Autumn brings increased rain fall. Check the condition of windscreen wipers and replace so they are effective in clearing the windscreen.



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In wet weather it can take almost four times the distance to stop in an emergency.



Check bulbs and lights every few weeks throughout the year, but especially as Autumn starts.

Falling leaves create road hazards. Wet leaves can be as slippery as ice. Fallen leaves can also hide road markings and obscure hazards like potholes and bumps.

- Check all lights are kept clean.
- Glare when the sun's low in the sky is more likely to be a problem at this time of year. Use the visor and wear sunglasses to minimise the sun's glare.
- There will be more demand on your vehicle battery as temperatures cool. We suggest you replace the battery before waiting for it to fail.
- Early morning frost creates icy patches on shaded areas of the road and across bridges, so reduce speed.



Autumn driving hazards to be aware of

- See and be seen – do not leave it too late to turn lights on.
- Check that tyres, brakes, wipers, heater and demisters are all in working order.
- Use the demister and windscreen wipers to clear your windows of frost or ice before setting out on a journey.
- Look out for animals crossing the road, especially deer.



Safety Advice



everyone
home safe
every day

Enerpac RP70AE100 Status Update

Issued to: **Network Rail line managers, safety professionals and accredited contractors**

Ref: NRA24-12

Date of issue: 18/11/2024

Location: National

Contact: [Simon Morgan](#), Head of Corporate Safety, TA



Overview

On 3rd April 2024, a member welding team was injured by being struck by an extension strip of the stressing kit, after a retaining bolt sheared off.

Safety Advice Note NRA 24/7 issued on the 17th April 2024 outlined temporary controls measures required.

The investigation and extensive failure mode test have concluded and we have learned that there was no fault with the equipment.

We now know that the following factors contributed to the incident, and you should take action to make sure that these factors are addressed for your welding and stressing activity:

1. Make sure that familiarisation training is adequate and up to date.
2. Make sure you have the latest Task Risk Control Sheet: RCS No: NR/L3/MTC/RCS0216/TK42 Issue:3.
3. Make sure your Company have a copy of the latest Product acceptance certificate

Immediate action required

- Ensure all operatives hold the correct Core Competencies for PTMP, Rail Stressing and have received the updated familiarisation training. This is available from training toolkit and is accessible for the NRT community (WDS) or from the manufacturer directly (Enerpac). Upskilling should be captured on an individual's profile as complete.
- Ensure the stressing activity follows the new Task Risk Control Sheet available on the following links:
- Internal site: [NR/L3/MTC/RCS0216/TK42 \[Issue: 3\] Stressing \(CWR\) & Stress Monitoring\(Not CWR\)](#)
- External site [NR/L3/MTC/RCS0216/TK42 \[Issue: 3\] Stressing \(CWR\) & Stress Monitoring\(Not CWR\)](#).
- There are separate TRCS's referred to in TK42 for Permaquip/Geismar equipment but not for Enerpac.
- Stressing kits are to be used in accordance with the Product Acceptance Certificate **PA0506958** (available from your engineering team)
- Enerpac RP70A Stressing Kits have also been issued a trial product acceptance to allow the use of the equipment on isolated 3rd and 4th Rail Areas.

Part of our group
of Safety Bulletins

Safety
Alert

Safety
Bulletin

Safety
Advice

Shared
Learning

Reminder to all Sentinel Card Holders & Checkers

Safety Central

Network Rail share updates of recent incidents, accidents and best practice advice online. Please get into the habit of checking this website for the latest news;
<https://safety.networkrail.co.uk/tools-resources/safety-bulletins/>

Southern Shield

Southern Shield is a collaborative safety forum that consists of Network Rail Southern Capital Delivery and its principal contractors. On their website they have useful articles and explain the rules of the Southern Shield charter, which is mandatory on some southern sites.
<https://www.southernshield.co.uk/>

Railway Rule book

Add this website address to your browser favourites to ensure that you always have access to the Network Rail Rulebook modules

Previous monthly rail briefings

<https://www.matchtech.com/about-us/health-and-safety/safety-briefings>



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Changes to your shift times and increased fatigue risk

It is important that you notify your consultant as soon as possible if there is a change to your rostered work pattern while working on the Network Rail Infrastructure.

As part of our commitment to you and our obligations to monitor and manage your fatigue, we must always have an accurate understanding of where and when you are working.

In addition, you also have a legal obligation to ensure that you are safe to work, the Health and Safety at Work Act 1974. This states that “Workers have a duty to take care of their own health and safety and that of others who may be affected by their acts or omissions at work”

Do not start work until you are satisfied that the safety arrangements are appropriate to the activity

Never, ever drive while feeling tired

If you are starting to feel fatigued while you are onsite then instigate the work safe procedure.

Work-safe Procedure

This is for anyone to use, it works as follows:

If you believe the Safety Arrangements to be inadequate:

- Stop Work and talk to the Team Leader or person in charge; they should:
 - Review the arrangements
 - Change them if necessary and re-brief

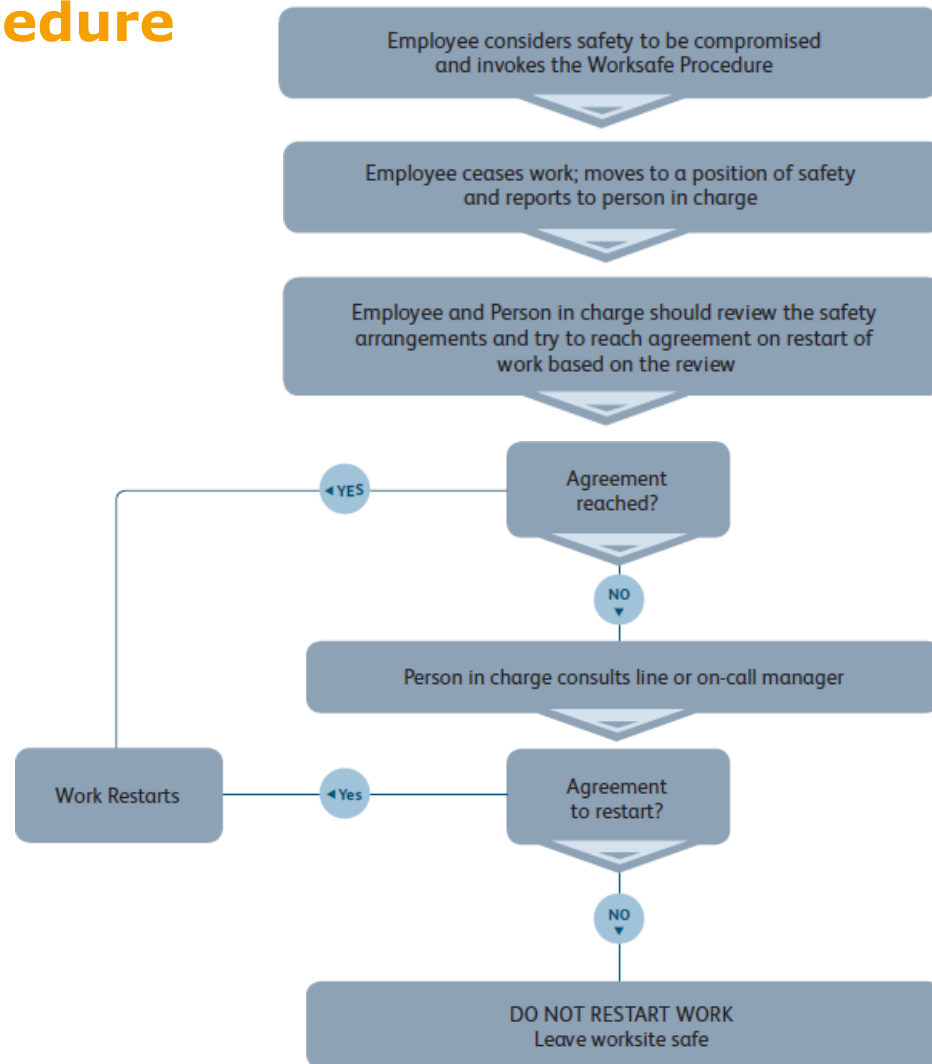
If you are still unhappy DO NOT RESTART; escalate to the next level by contacting one of the following:

- Your Line Manager, Your Safety Rep, Any member of the management team, The DU Safety Advisor, Network Rail Control, MT on-call 07786 265531
- Do not start work until you are satisfied that the safety arrangements are appropriate to the activity



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Work-safe Procedure



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Contact the Rail team

24 hour on call - 07786 265531

Use this on-call number if you need to contact someone from the company urgently, for example to report an accident / incident or if you are being pressured to do something that you are not comfortable with, such as being asked to exceed the working hours rules etc.

Store this number in your phone in case of an emergency.

This number is not to be used to query timesheets or to enquire about vacancies, it is an emergency contact number.

If you would like to suggest a topic for future safety briefings, or need to talk to someone in confidence then email the Rail HSQE manager Joe Christopherson; jchristopherson@matchtech.com

Your Feedback is always welcomed, email us at MT railonboarding@matchtech.com

Safety sQuaRed

See it, Scan it, Share it

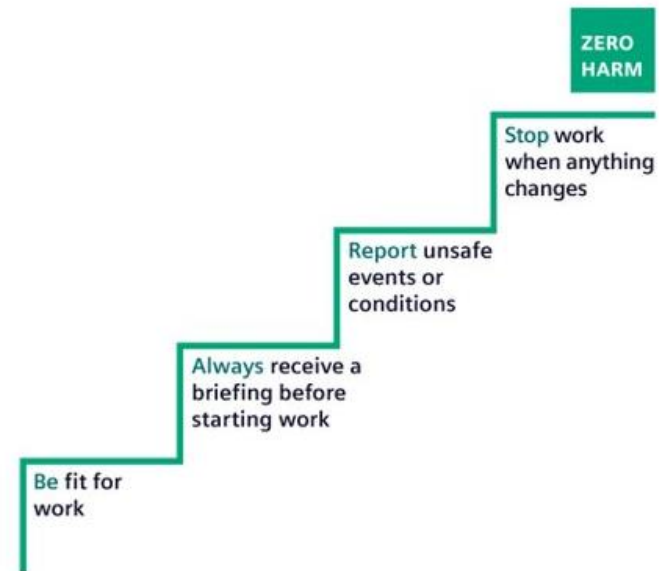


<https://www.gattacaplc.com/report-near-misses>

4 Steps to Zero Harm

Our Priority: Your safety and wellbeing is our absolute priority. We believe that Zero Harm is achievable each and every day by following the four steps and through our behaviours.

Our expectation of everyone, whether an employee / an agency worker or a contractor, is that you will know and live by the 4 Steps.



SIEMENS

Our Lifesaving Rules



Always be sure the required plans and permits are in place, before you start a job or go on or near the line.



Never use a hand-held or hands-free phone, or programme any other mobile device, while driving.



Always use equipment that is fit for its intended purpose.



Always test before applying earths or straps.



Never undertake any job unless you have been trained and assessed as competent.



Never assume equipment is isolated – always test before touch.



Never work or drive while under the influence of drugs or alcohol.



Always use a safety harness when working at height, unless other protection is in place.



Always obey the speed limit and wear a seat belt.



Never enter the agreed exclusion zone, unless directed to by the person in charge.



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Report hotline:
0800 4 101 101

Report textline:
07507 285 887

Freepost: CIRAS
www.ciras.org.uk